

# Schedule at a Glance

WEDNESDAY, SEPTEMBER 7, 2011

ASPMN® Schedule		IntNSA Schedule	
7:00 a.m. – 7:00 p.m.	Registration	<i>Arizona Ballroom Foyer (Lower Level)</i>	
7:00 a.m. – 8:00 a.m.	Continental Breakfast	<i>Arizona Ballroom Salon 7 (Lower Level)</i>	
8:00 a.m. – 5:00 p.m.	<i>Arizona Ballroom Salon 6 (Lower Level)</i> Workshop 1: ASPMN® Pain Management Certification Preparation Course™	8:00 a.m. – 5:00 p.m.	<i>Arizona Ballroom Salon 4 (Lower Level)</i> Workshop A: CARN & CARN-AP Review Course
8:00 a.m. – 5:00 p.m.	<i>San Ignacio (Main Level)</i> Workshop 2: "Blocking" the Pain: Regional Analgesia	8:00 a.m. – 5:00 p.m.	<i>Arizona Ballroom Salon 5 (Lower Level)</i> Workshop B: Trimorbidity: Pain, Addiction & Psychiatric Illness Assessment & Treatment of Patients with Complex Care Issues
8:00 a.m. – 5:00 p.m.	<i>San Xavier (Main Level)</i> Workshop 3: Advanced Pharmacology		
8:00 a.m. – 5:00 p.m.	<i>San Pedro 2 (Main Level)</i> Workshop 4: Geriatric Pain Management Course		
8:00 a.m. – 12:00 p.m.	<i>Arizona Ballroom Salon 3 (Lower Level)</i> Workshop 5: The Use of Medicinal Cannabis for Chronic Pain	8:00 a.m. – 12:00 p.m.	<i>San Pedro 1 (Main Level)</i> Workshop C: Evidence-Based Practice: Learning the Basics
8:00 a.m. – 12:00 p.m.	<i>Arizona Ballroom Salons 1 &amp; 2 (Lower Level)</i> Workshop 6: The Medicine Walk: Integrating Indigenous Wisdom into Pain Management Nursing	8:00 a.m. – 12:00 p.m.	<i>San Luis 1 (Main Level)</i> Workshop D: Alcoholics Anonymous: What All Nurses Need to Know about 12-Step Recovery
		9:00 a.m. – 12:00 p.m.	<i>Off-site</i> Workshop E: Chronic Versus Complicated Pain and Substance Use Disorder: Identifying & Unlocking the Perpetuating Factors and Treatment Strategies
12:00 p.m. – 1:00 p.m.	Lunch Available for Purchase		
1:00 p.m. – 5:00 p.m.	<i>Arizona Ballroom Salons 1 &amp; 2 (Lower Level)</i> Workshop 7: Pediatric Pain Assessment & Approaches to Pain Management	1:00 p.m. – 5:00 p.m.	<i>San Pedro 1 (Main Level)</i> Workshop F: Genomics: The Science of Discovery & Competencies for Addictions Nursing Practice
1:00 p.m. – 5:00 p.m.	<i>Arizona Ballroom Salon 3 (Lower Level)</i> Workshop 8: Sickle Cell Disease: Why Is It So Hard to Manage?		
5:00 p.m. – 5:30 p.m.	New Member/Attendee Orientation	<i>Arizona Ballroom Salon 7 (Lower Level)</i>	
5:00 p.m. – 6:30 p.m.	Dinner on Your Own		
6:30 p.m. – 8:30 p.m.	Welcome Reception in the Exhibit Hall & Silent Auction	<i>Tucson Ballroom Exhibit Hall (Lower Level)</i>	

THURSDAY, SEPTEMBER 8, 2011

6:00 a.m. – 7:00 a.m.	Fifth Annual IntNSA Walk	<i>Meet at Starr Circle</i>	
7:00 a.m. – 5:00 p.m.	Registration	<i>Arizona Ballroom Foyer (Lower Level)</i>	
7:30 a.m. – 8:30 a.m.	Breakfast	<i>Arizona Ballroom Salons 7-12 (Lower Level)</i>	
8:30 a.m. – 8:45 a.m.	Welcome & Opening Remarks	<i>Arizona Ballroom Salons 1-6 (Lower Level)</i>	
8:45 a.m. – 9:45 a.m.	Keynote Address: Treating Chronic Pain with Prescription Opioids in the Substance Abuser: Relapse Prevention & Management	<i>Arizona Ballroom Salons 1-6 (Lower Level)</i>	
9:45 a.m. – 10:30 a.m.	Break in Exhibit Hall/Silent Auction/Poster Viewing	<i>Tucson Ballroom (Lower Level)</i>	
10:30 a.m. – 11:30 a.m.	<i>Arizona Ballroom Salons 1-6 (Lower Level)</i> ASPMN® Task Force for Pain Assessment in the Nonverbal Person: Position Statement Update & Discussion	<b>CONCURRENT SESSIONS 10:30 a.m. – 11:30 a.m.</b> A1-B1: Screening, Brief Interventions & Referral to Treatment for Non-Dependent Substance Use: A Small Investment with Large Returns <i>San Xavier (Main Level)</i> A2: Prescription & Over-the-Counter Drug Abuse: What's Happening to Our Teens? <i>San Pedro 1 &amp; 2 (Main Level)</i> A3: Recreating a Vision of Motherhood: Therapeutic Drug Court & the Narrative <i>San Ignacio (Main Level)</i> A4: Opioid-Induced Hyperalgesia: Implications for Pain & Addiction Treatment <i>San Luis 1 &amp; 2 (Main Level)</i>	
11:35 a.m. – 12:35 p.m.	<i>Arizona Ballroom Salons 1-6 (Lower Level)</i> Demystifying The Joint Commission Requirements	<b>CONCURRENT SESSIONS 11:35 a.m. – 12:35 p.m.</b> <i>Session B1 is a continuation of the A1-B1 presentation listed above.</i> B2: Overdose Prevention in an Opioid Treatment Program <i>San Pedro 1 &amp; 2 (Main Level)</i> B3: Alcohol & Health Content in Baccalaureate Nursing Programs: A 24-Year Experience <i>San Ignacio (Main Level)</i> B4: Screening, Brief Intervention & Referral to Treatment (SBIRT) Applications in Pain Management <i>San Luis 1 &amp; 2 (Main Level)</i>	
12:45 p.m. – 2:15 p.m.	Lunch	<i>Arizona Ballroom Salons 7-12 (Lower Level)</i>	
2:20 p.m. – 3:20 p.m.	<i>Arizona Ballroom Salons 1-6 (Lower Level)</i> Jean Guveyan Lecture: The Role of Patient Family Advisors in Transforming Care <i>Supported by an educational grant from Purdue Pharma L.P.</i>	<b>CONCURRENT SESSIONS 2:20 p.m. – 3:20 p.m.</b> C1 & D1: Taming the Beast: Use of Cognitive Behavioral Therapy (CBT) in Treatment of Co-Existing Disorders of Chronic Pain, Depression & Addiction <i>San Pedro 1 &amp; 2 (Main Level)</i> C2: Option for Treatment of Patients Who Inject Drugs & Have a Bacterial Infection <i>San Xavier (Main Level)</i> C3: Trauma-Informed Interventions for Women with Co-Occurring Substance Use & Mental Health Disorders <i>San Luis 1 &amp; 2 (Main Level)</i> C4: Health Reform & the Behavioral Health Service System <i>San Ignacio (Main Level)</i>	
3:25 p.m. – 4:25 p.m.	<i>Arizona Ballroom Salons 1-6 (Lower Level)</i> Business Meeting – Everyone Is Invited!	<b>CONCURRENT SESSIONS 3:25 p.m. – 4:25 p.m.</b> <i>Session D1 is a continuation of the C1-D1 presentation listed above.</i> D2: Mindfulness Meditation Explained <i>San Luis 1 &amp; 2 (Main Level)</i> D3: Beyond the Mountains: Involving Nurses in Telemedicine-Supported Opioid Treatment in Rural Areas <i>San Xavier (Main Level)</i> D4: Shifting the Focus of Addiction Treatment from an Acute to Chronic Care Model <i>San Ignacio (Main Level)</i>	
4:30 p.m. – 5:30 p.m.	Poster Session	<i>Tucson Ballroom (Lower Level)</i>	
4:30 p.m. – 5:30 p.m.	Break in the Exhibit Hall/ Silent Auction	<i>Tucson Ballroom (Lower Level)</i>	
5:30 p.m. – 6:15 p.m.	Certification Reception <i>All Certified Pain Management Nurses Invited</i>	<i>Meecha Lawn</i>	6:30 p.m. – 9:00 p.m. Awards Dinner <i>Ania Terrace (Lower Level)</i>
6:30 p.m. – 8:30 p.m.	<i>Arizona Ballroom Salons 7-12 (Lower Level)</i> CE Dinner Symposium: <i>Supported by an educational grant from PriCara®, Division of Ortho-McNeil-Janssen Pharmaceuticals, Inc.</i> War on Pain: Improving Pain Care for Combat-Injured Military Personnel & Veterans from OEF & OIF Conflicts	9:00 p.m. – 10:00 p.m. Support Group Meeting <i>Hotel Room 6339</i>	

# FRIDAY, SEPTEMBER 9, 2011

ASPMN® Schedule		IntNSA Schedule
<b>6:00 a.m. – 7:00 a.m.</b>	Fifth Annual IntNSA Walk	<i>Meet at Starr Circle</i>
<b>7:00 a.m. – 5:00 p.m.</b>	Registration	<i>Arizona Ballroom Foyer (Lower Level)</i>
<b>7:00 a.m. – 8:30 a.m.</b>	Non-CE Breakfast Symposium: <i>Supported by Purdue Pharma L.P.</i> Opioid Analgesic Treatment Options for Moderate to Severe Chronic Pain	<i>Arizona Ballroom Salons 7-12 (Lower Level)</i>
<b>CONCURRENT SESSIONS 8:45 a.m. – 9:45 a.m.</b>	1A. To Test Or Not to Test for Cannabis for Pain Contracts 1B. Co-Existing Chronic Pain & PTSD: Shared Vulnerability & Mutual Maintenance 1C. Safety Monitoring of Prescription Opioids Leading to Better Clinical Outcomes 1D. Mindfulness Meditation: A Practice for Yourself, A Teaching for Your Patients 1E. Monitoring Over-Sedation in Adult & Pediatric Patients Receiving Opioids for Pain Management 1F. Patient Attributes Influencing Pain & Pain Management in Post-Operative Total Knee Arthroplasty Patients	<i>Arizona Ballroom Salons 1 &amp; 2 (Lower Level)</i> <i>Arizona Ballroom Salons 3 &amp; 4 (Lower Level)</i> <i>San Luis 1 &amp; 2 (Main Level)</i> <i>San Pedro 1 &amp; 2 (Main Level)</i> <i>San Ignacio (Main Level)</i> <i>San Xavier (Main Level)</i>
<b>9:45 a.m. – 10:45 a.m.</b>	Break in the Exhibit Hall/Visit with Exhibitors/Poster Viewing	<i>Tucson Ballroom (Lower Level)</i>
<b>CONCURRENT SESSIONS 10:45 a.m. – 11:45 a.m.</b>	2A. Epidural Steroid Injections: A Review of the Recent Literature 2B. Reducing Opioid-Induced Over-Sedation Using the Pasero Opioid-Induced Sedation Scale 2C. Jeopardy: The Pain Game 2D. Biofeedback: An Innovative & Interactive Treatment Modality 2E. Making Needlesticks & Procedures Less Painful for Children 2F. Evaluation of Nurse Alarm Notification Systems (NANS) for Post-Operative Patients Receiving Opioids Via Patient-Controlled Analgesia	<i>Arizona Ballroom Salons 3 &amp; 4 (Lower Level)</i> <i>San Luis 1 &amp; 2 (Main Level)</i> <i>San Pedro 1 &amp; 2 (Main Level)</i> <i>Arizona Ballroom Salons 1 &amp; 2 (Lower Level)</i> <i>San Ignacio (Main Level)</i> <i>San Xavier (Main Level)</i>
<b>12:00 p.m. – 1:30 p.m.</b>	Non-CE Lunch Symposium: <i>Supported by NeuroGesX</i> – Management of Postherpetic Neuralgia (PHN): Understanding Localized Treatment & Its Role in Clinical Practice	
<b>CONCURRENT SESSIONS 1:40 p.m. – 2:40 p.m.</b>	3A. Epidural Pain Management 3B. Nurses Role in Buprenorphine Treatment Utilizing TAP 30 3C. Reform & Innovation: The Conceptual Approach to Teaching Pain Management 3D. Spoken Medicine: Therapeutic Suggestion & Imagery for Pain Relief & Relaxation 3E. The Challenges of Treating Children & Adolescents with Sickle Cell Pain 3F. Nurses' Attitudes toward Substance Abusers in Pain	<i>San Luis 1 &amp; 2 (Main Level)</i> <i>Arizona Ballroom Salons 3 &amp; 4 (Lower Level)</i> <i>San Pedro 1 &amp; 2 (Main Level)</i> <i>Arizona Ballroom Salons 1 &amp; 2 (Lower Level)</i> <i>San Ignacio (Main Level)</i> <i>San Xavier (Main Level)</i>
<b>2:40 p.m. – 3:30 p.m.</b>	Break in Exhibit Hall/Visit with Exhibitors/Poster Viewing	<i>Tucson Ballroom (Lower Level)</i>
<b>CONCURRENT SESSIONS 3:30 p.m. – 4:30 p.m.</b>	4A. Managing Persistent Abdominal Pain: Three Case Studies 4B. Pain Recognition for the Critically Ill Patient Who Is Unable to Provide Self-Report 4C. Improving Pain Assessment & Management in Nursing Homes: A National Collaborative 4D. Pulsed Radiofrequency Ablation: A Review of the Evidence 4E. Family Involvement: A Key Ingredient for Successful Rehabilitation in Adolescents with Chronic Pain 4F. Self-Care Practices Reported to Alleviate Phantom Limb Pain	<i>Arizona Ballroom Salons 3 &amp; 4 (Lower Level)</i> <i>San Luis 1 &amp; 2 (Main Level)</i> <i>San Pedro 1 &amp; 2 (Main Level)</i> <i>Arizona Ballroom Salons 1 &amp; 2 (Lower Level)</i> <i>San Ignacio (Main Level)</i> <i>San Xavier (Main Level)</i>
<b>4:45 p.m. – 5:30 p.m.</b>	Committee Meetings	<i>Ania Terrace (Lower Level)</i>
<b>5:30 p.m. – 6:15 p.m.</b>	Chapter Meetings	<i>Ania Terrace (Lower Level)</i>
<b>6:30 p.m. – 8:30 p.m.</b>	ASPMN Attendees Only: CE Dinner Symposium: <i>Supported by Archimedes Pharma</i> BTCP: A Comprehensive Review of the Challenges Associated with Patient Assessment & Effective Management	<i>Arizona Ballroom Salons 7-12 (Lower Level)</i>
		<b>7:00 a.m. – 8:30 a.m.</b> <i>Arizona Ballroom Salon 6 (Lower Level)</i> IntNSA Breakfast & Annual Business Meeting
		<b>8:45 a.m. – 9:45 a.m.</b> <i>Arizona Ballroom Salon 6 (Lower Level)</i> Women & Children & Substance Use Disorders
		<b>10:45 a.m. – 11:45 a.m.</b> <i>Arizona Ballroom Salon 6 (Lower Level)</i> Exploring Current Theories on the Neurobiology of Addictions
		<b>1:40 p.m. – 2:40 p.m.</b> <i>Arizona Ballroom Salon 6 (Lower Level)</i> Eye Movement Desensitization & Reprocessing (EMDR): A Psychotherapeutic Approach for the Treatment of Trauma-Based Disorders
		<b>3:30 p.m. – 4:30 p.m.</b> <i>Arizona Ballroom Salon 6 (Lower Level)</i> Drug Enforcement Administration Update
		<b>4:30 p.m. – 5:00 p.m.</b> Silent Auction Pick Up <i>Tucson Ballroom (Lower Level)</i>
		<b>8:00 p.m. – 9:00 p.m.</b> Support Group Meeting <i>Hotel Room 6339</i>

# SATURDAY, SEPTEMBER 10, 2011

<b>6:00 a.m. – 7:00 a.m.</b>	Fifth Annual IntNSA Walk	<i>Meet at Starr Circle</i>
<b>7:00 a.m. – 5:00 p.m.</b>	Registration	<i>Arizona Ballroom Foyer (Lower Level)</i>
<b>7:00 a.m. – 8:30 a.m.</b>	Non-CE Breakfast Symposium: <i>Supported by Cadence Pharmaceuticals</i> – Perioperative Pain Management: The Role of IV Acetaminophen	<i>Arizona Ballroom Salons 7-12 (Lower Level)</i>
<b>8:40 a.m. – 9:25 a.m.</b>	Awards Ceremony	<i>Arizona Ballroom Salons 1-6 (Lower Level)</i>
<b>9:25 a.m. – 9:55 a.m.</b>	Incoming Presidential Address	<i>Arizona Ballroom Salons 1-6 (Lower Level)</i>
<b>9:55 a.m. – 10:15 a.m.</b>	Break	<i>Arizona Ballroom Foyer (Lower Level)</i>
<b>CONCURRENT SESSIONS 10:15 a.m. – 11:15 a.m.</b>	5A. An Interventional, Multidisciplinary Approach to Chronic Pain Management: A Holistic Overview 5B. Complex Regional Pain Syndrome: A Case Study 5C. Pain in Alzheimer's Disease Patients 5D. Acute Pain Management Using Infusion Devices in Difficulty Populations 5E. Seeking Disease-Specific Certification from The Joint Commission 5F. Multi-Year Pain Prevalence Studies: Key to Changing a Hospital's Pain Management Culture & Practices?	<i>San Pedro 1 &amp; 2 (Main Level)</i> <i>San Luis 1 &amp; 2 (Main Level)</i> <i>Tucson Ballroom Salons A &amp; B (Lower Level)</i> <i>Tucson Ballroom Salons C &amp; D (Lower Level)</i> <i>San Ignacio (Main Level)</i> <i>San Xavier (Main Level)</i>
<b>CONCURRENT SESSIONS 11:25 a.m. – 12:25 p.m.</b>	6A. The Role of NMDA Receptor Antagonist Drugs in the Acute Care Setting 6B. Comfort Champions Make a Difference in Pain Management 6C. Ban the 1-10 Scale: An Innovative Approach to Labor Pain 6D. The Pain of Addiction... Opioid-Induced Tolerance & Hyperalgesia 6E. Safely Monitoring Post-Operative Patients on a Medical/Surgical Unit Utilizing Continuous Cardiorespiratory Remote Monitoring 6F. Picture My Pain: Living with Chronic Pain & Poverty	<i>Tucson Ballroom Salons A &amp; B (Lower Level)</i> <i>San Pedro 1 &amp; 2 (Main Level)</i> <i>San Luis 1 &amp; 2 (Main Level)</i> <i>Tucson Ballroom Salons C &amp; D (Lower Level)</i> <i>San Ignacio (Main Level)</i> <i>San Xavier (Main Level)</i>
<b>12:30 p.m. – 2:00 p.m.</b>	Lunch	<i>Arizona Ballroom Salons 7-12 (Lower Level)</i>
<b>2:15 p.m. – 3:15 p.m.</b>	Evidence-Based Chronic Pain Guidelines: Impact on Patient Safety, Clinical Outcome & Reimbursement	<i>Arizona Ballroom Salons 1-6 (Lower Level)</i>
<b>3:15 p.m. – 3:30 p.m.</b>	Break	<i>Arizona Ballroom Foyer (Lower Level)</i>
<b>3:30 p.m. – 4:30 p.m.</b>	Risk Evaluation Mitigation Strategy (REMS) Taskforce White Paper Report	<i>Arizona Ballroom Salons 1-6 (Lower Level)</i>
<b>4:35 p.m. – 5:35 p.m.</b>	We Didn't Start the Fire, But We Are Carrying the Torch!	<i>Arizona Ballroom Salons 1-6 (Lower Level)</i>
<b>5:35 p.m. – 5:45 p.m.</b>	Closing Remarks	<i>Arizona Ballroom Salons 1-6 (Lower Level)</i>
<b>5:45 p.m. – 7:30 p.m.</b>	Dinner on Your Own	
<b>7:30 p.m. – 10:00 p.m.</b>	ASPMN®/IntNSA Party	<i>Ania Terrace (Lower Level)</i>
		<b>8:40 a.m. – 9:50 a.m.</b> E1: Getting Healthy: Relational Health of Teen Girls in Chemical Dependency Treatment <i>San Luis 1 &amp; 2 (Main Level)</i> E2: Managing Pain in the Chemically-Addicted Patient <i>Tucson Ballroom Salon A &amp; B (Lower Level)</i> E3: Web-Based Addictions Curriculum for Undergraduate Nursing Education <i>San Pedro 1 &amp; 2 (Main Level)</i> E4: Urine Drug Screens: Interpretation Clinical Pearls <i>Tucson Ballroom Salon C &amp; D (Lower Level)</i>
		<b>10:15 a.m. – 11:15 a.m.</b> <i>Arizona Ballroom Salons 1-6 (Lower Level)</i> Prescription Drug Abuse & Diversion in Indian Country
		<b>11:25 a.m. – 12:25 p.m.</b> <i>Arizona Ballroom Salons 1-6 (Lower Level)</i> Opioid Discontinuation: The Art of Tapering
		<b>12:30 p.m. – 2:00 p.m.</b> <i>Tucson Ballroom Salon E (Lower Level)</i> IntNSA Attendees Only: Lunch: <i>Sponsored by Drexel University</i> Drexel University School of Nursing DrNP Program Overview
		<b>2:15 p.m. – 3:15 p.m.</b> <i>Tucson Ballroom Salon C &amp; D (Lower Level)</i> Adverse Effects of Nicotine on Healing: New Nicotine & Smoking Cessation Products