

INTERNATIONAL NURSES SOCIETY ON ADDICTIONS

Registration Brochure

MANAGEMENT
OF PAIN &
ADDICTIONS:

*Broadening
Our Perspectives*

35TH ANNUAL EDUCATIONAL CONFERENCE



AMERICAN SOCIETY FOR
Pain Management
Nursing
IntNSA in conjunction with ASPMN®

September 7-10, 2011 Tucson, AZ

JW Marriott Starr Pass Resort & Spa

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In conjunction with the American Society for Pain Management Nursing® (ASPMN®)

The International Nurses Society on Addictions (IntNSA) is pleased to announce its 35th Annual Educational Conference, September 7-10, 2011, at the JW Marriott Starr Pass Resort & Spa being held in conjunction with the American Society for Pain Management Nursing® (ASPMN®).

Nursing specialty organizations join in the challenge of working with individuals experiencing pain, individuals at risk for addiction and individuals with addictions who are experiencing pain. IntNSA, together with the ASPMN®, combine their expertise in seeking to improve the quality of life for these populations.

IntNSA's Mission

To advance excellence in nursing care for the prevention and treatment of addictions for diverse populations across all practice settings through advocacy, collaboration, education, research and policy development.

CONFERENCE DESCRIPTION

IntNSA serves as a forum for all nurses who are interested in the prevention, intervention and treatment of addictions to enhance knowledge, advance skills, continue education and be a resource to nurses across all practice settings. As always, IntNSA attendees are afforded many educational presentations, a forum for the exchange of ideas and the occasion of social networking to increase collegial relationships.

This year, IntNSA is partnering with ASPMN® to offer content from both organizations. You will see on the following pages IntNSA's program. We have also provided a side-by-side schedule of the IntNSA and ASPMN® program schedules. Attendees are encouraged to take advantage of the combined meeting and attend any sessions that might be beneficial. All events are combined unless otherwise noted in the program.

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THE GOALS OF THE 35TH ANNUAL EDUCATIONAL CONFERENCE ARE TO:

- Discuss clinical options for the treatment of patients who require pain management and addictions nursing care.
- Analyze clinical, research, socio-cultural and legal developments in the fields of pain management and addictions.
- Advocate for the provision of comprehensive, evidence-based, quality care of individuals and their families experiencing problems related to addictions and acute and chronic pain conditions.
- Network with nurses and other health professionals who focus on addictions or pain management in their practice.

TARGET AUDIENCE

- Nurses who specialize in the prevention and treatment of addictions
- Nurses who practice in other specialty areas
- Allied health care professionals who specialize in addictions
- Employee assistance professionals
- Credentialed addictions counselors and prevention specialists
- Community agency workers
- Private practice therapists

Contact IntNSA at intnsa@intnsa.org or (877) 646-8672 with questions or for a complete list of learning objectives.

COMMERCIAL SUPPORT

IntNSA has not received any commercial support for this conference.

IMPORTANT DATES

Thursday, July 14

Early registration ends

Friday, August 12

Hotel reservation cutoff

Thursday, August 18

Registration closes (on-site registration is available after this date)

September 7-10, 2011 Tucson, AZ JW Marriott Starr Pass Resort & Spa

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WELCOME FROM THE PRESIDENT

Dear Colleagues:

The International Nurses Society on Addictions (IntNSA) joins with the American Society for Pain Management Nursing® (ASPMN®) for our 35th Annual Educational Conference, "Management of Pain and Addictions: Broadening our Perspectives."

For more than three decades, IntNSA has provided leading educational programs for nurses and other professionals who work with individuals, groups and populations impacted by alcohol and drug use/abuse/dependence and other addictions.

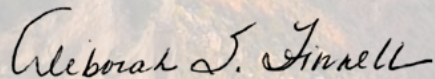
The 2011 conference focuses on the interface of addictions and pain management, a common and worrisome problem given the complex interplay between neurobiological, psychological, social and spiritual factors. The high-quality sessions, symposia and workshops offered at this conference reflect IntNSA's commitment to disseminate the latest developments in nursing care across all practice settings related to persons with addictions in general, and those with comorbid pain, in particular.

IntNSA and ASPMN® began planning for this joint conference in November 2009. The IntNSA conference planning committee has worked collaboratively with the ASPMN® conference committee to attract the leading experts in addictions and pain management to serve as presenters and be a part of this event.

Participating in this conference will enhance your knowledge in this area, and in turn, provide you with information and resources that you can utilize in your practice, whether direct care, education or research. You will also attain continuing education credits needed for licensure and/or certification renewal.

The conference provides opportunities for networking and expanding collaborations with colleagues. Sharing ideas, engaging in discussions and developing partnerships are as much a part of this conference as expanding your knowledge base. The tranquil surroundings of the JW Marriott Starr Pass Resort & Spa in Tucson, Arizona, seem an ideal place for feeding your mind, body and spirit!

I encourage you to register early for our 35th Annual Educational Conference. I look forward to an exciting conference in this beautiful southwest region of the United States.



Deborah S. Finnell, President

WELCOME TO THE 35TH INTNSA ANNUAL EDUCATIONAL CONFERENCE

Dear Colleagues:

The IntNSA conference planning committee is pleased to invite you to our 35th Annual Educational Conference in Tucson, Arizona. This will be an extra special conference since it will be held in conjunction with the American Society for Pain Management Nursing®. There are many similarities in the challenges the nurses from each organization face in treating patients with co-occurring disorders of pain and addiction. It will be beneficial to finally devote more time to these topics. The theme for the conference is "Management of Pain and Addictions: Broadening Our Perspectives."

IntNSA will offer pre-conference workshops on trimorbidity including pain, addiction and psychiatric illness, genomics of addiction, introduction to AA, the 12-step recovery process, including the science embedded in AA, and an experiential session on the basics of evidence-based practice. Al Rundio will again be offering his popular CARN and CARN-AP certification review course.

Nursing contact hours will be available for pre-conference workshops, plenary and concurrent sessions on a wide variety of topics, including education, culture, policy, clinical and research. In addition, we are also planning to offer pharmacology hours for attendance at the applicable sessions. With combining the two organizations, nurses from each organization will be able to attend any of the pre-conference workshops, plenary and concurrent sessions.

You will have the advantage of attending the industry-sponsored symposia for many of our meals. By combining the conference with ASPMN®, you will have more opportunities in the Exhibit Hall to interact with industry representatives from pharmaceutical companies and treatment centers to discuss a broad range of resources for treatment of addiction and pain.

Overall, this is an exciting conference in a beautiful setting. It is an opportunity to update your knowledge of addiction and pain, network with professionals from both organizations and maybe find some time to relax. Don't forget to bid on items at the FAN silent auction. We are also co-sponsoring a local charity, CODAC, with ASPMN®.

It is our sincere hope that you will enjoy the combined IntNSA and ASPMN® Annual Educational Conference as much as we have enjoyed presenting it for you. We welcome your valuable feedback and encourage your comments so that we can continually meet your educational needs.

Carolyn Jewell, MSN, RN, PMHNP-BC, CARN-AP, Conference Chair

Judith Tomlinson, RN, CARN, Conference Board Liaison

Diane Snow, PhD, RN, PMHNP-BC, CARN

Nancy Campbell-Heider, PhD, FNP, NP-C, CARN-AP

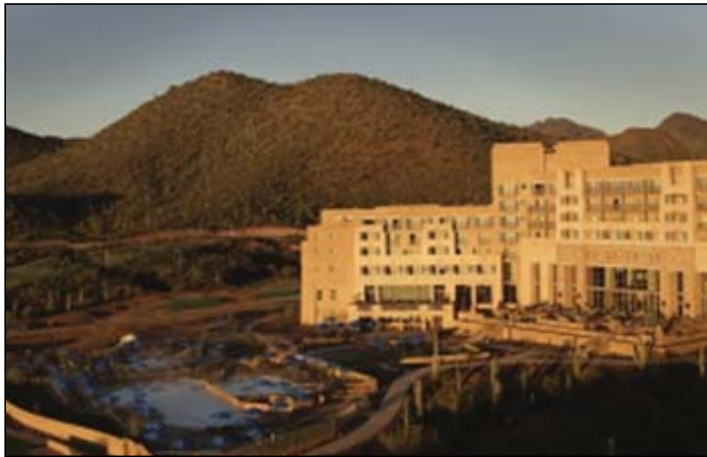
Joan Cronin, MS, PMHCNS-BC, CARN, LADC

Connie Luedtke, MA, RN-BC

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Hotel Information



JW Marriott Starr Pass Resort & Spa
3800 West Starr Pass Boulevard
Tucson, AZ 85745
Reservations: (520) 792-3500

Enjoy the mountains of Arizona at the JW Marriott Starr Pass Resort & Spa. Located just west of an area considered the birthplace of Tucson, Arizona, this resort hotel is rich with culture, history and beauty. Experience a truly unique destination resort complete with world class spa facilities and nationally acclaimed Arizona golf courses. Fine dining and award-winning restaurants further complement this one-of-a-kind Tucson resort hotel.

Rate

\$169.00 plus tax single/double

Reservations

By Phone: Call JW Marriott Starr Pass Resort & Spa at (888) 527-8989 and request the IntNSA rate.

Online: Visit the JW Marriott Starr Pass Resort & Spa reservations site – <https://resweb.passkey.com/go/IntNSA2011>

Please Note:

The discounted room rate is available from September 6-10, 2011. The group rate may also be available three days before and after the conference if the hotel has availability.

Reservations must be made by Friday, August 12, 2011 in order to receive the conference discounted room rate. However, please note that sleeping rooms are assigned on a first-come, first-served basis and may sell out before August 12.

The society has committed to a block of sleeping rooms for this event. If you make the decision to stay at another property, not only is it less convenient for you, but it also may harm the society financially. We encourage you to reserve your room at the headquarters hotel and to continue to support your professional society.

Transportation Information

The hotel is located 11.97 miles or 25 minutes from the Tucson International Airport.

Taxi

Taxi fare is approximately \$35 one-way.

Arizona Stagecoach

Reservations can be made by calling (820) 889-1000 or on the Arizona Stagecoach web site at www.AZSTAGECOACH.com
Group ID # INTNSA

RATES: \$26 per person one-way
\$46 per person round-trip
\$30 per couple one-way
\$54 per couple round-trip

ARRIVAL: After claiming your luggage, in the lower level, check in at the Arizona Stagecoach counter. You will have an approximate 15-minute wait. If you have not made your return reservation you can make it while you are waiting. Follow the overhead "shared ride vans" signs.

DEPARTURE: A change or cancellation must be made two hours prior to pick-up time. Call (520) 889-1000.

Parking

- On-site parking fee: \$10 daily
- Valet parking fee: \$20 daily with in/out privileges
- Complimentary off-site parking

Climate in September

Average Rainfall 1.24 inches
Average Temperature 71-95° F

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Conference Schedule

TUESDAY, SEPTEMBER 6, 2011

4:00 p.m. – 7:00 p.m. **Registration**

WEDNESDAY, SEPTEMBER 7, 2011

7:00 a.m. – 5:00 p.m. **Registration**

7:00 a.m. – 8:00 a.m.

Continental Breakfast

Continental breakfast available for purchase (see registration form for pricing and registration).

Breakfast includes bacon, egg and cheese croissant, fruit, yogurt, pastries, bagels and breakfast breads and coffee, tea and juice.

PRE-CONFERENCE WORKSHOPS

8:00 a.m. – 5:00 p.m.

Pre-Conference Workshop A

CARN & CARN-AP Review Course

Al Rudio, Jr., PhD, DNP, CARN-AP, APRN, NEA-BC, LCADC, DPNAP, Clinical Professor of Nursing; Chair DrNP Program, Drexel University, College of Nursing & Health Professions, Egg Harbor Township, NJ

This workshop will prepare individuals to take the CARN and CARN-AP examinations. After attending this workshop, participants will be able to describe:

- The certification exam process.
- How to prepare for success on this examination.
- At least two detoxification medications used to detoxify patients who abuse substances.
- At least two relapse prevention medications for substance abuse.
- Psychopharmacologic interventions for patients who abuse substances.

NOTE: The exam will not be offered as part of the Annual Conference. To review exam dates, locations and to register for the exam, visit www.intnsa.org.

8:00 a.m. – 5:00 p.m.

Pre-Conference Workshop B

Trimorbidity: Pain, Addiction & Psychiatric Illness Assessment & Treatment of Patients with Complex Care Issues

Paul Arnstein, RN, PhD, FAAN, Clinical Nurse Specialist for Pain Relief, Massachusetts General Hospital, Boston, MA

Susan L.W. Krupnick, MSN, PMHCNS-BC, ANP, CARN, Psychiatric-Addictions Consultation Liaison Nurse, Providence Hospital, Holyoke, MA; Psychiatric Consultation Liaison Nurse Specialist, Mercy Medical Center, Springfield, MA

Many patients with chronic pain also have an addiction disorder and an emotional/cognitive disorder. These patients are at high risk for treatment failure. There is an astounding dearth of literature on this concept of

trimorbidity despite a standard of care that delineates the need to assess and reassess for pain, mental health and substance use. These “universal precautions” fall short of informing clinicians about effective approaches to treating the co-occurring disorders. The presenters will help clinicians understand, assess and care for patients with trimorbidity in a more comprehensive way.

8:00 a.m. – 12:00 p.m.

Pre-Conference Workshop C

Evidence-Based Practice: Learning the Basics

Susan Mace Weeks, DNP, RN, CNS, LMFT, LCDC, Associate Dean, Harris College of Nursing & Health Sciences; Director, Center for Evidence-Based Practice & Research: A Collaborating Center of the Joanna Briggs Institute, Texas Christian University, Fort Worth, TX

The presenter will define the basic steps of evidence-based practice and provide examples of how to approach a practice problem. Areas of focus will include:

- Identifying a project
- Constructing an answerable question
- Searching for relevant evidence
- Critiquing evidence
- Synthesizing evidence into a recommended practice
- Implementing recommended practice(s)
- Evaluating new practice(s)

8:00 a.m. – 12:00 p.m.

Pre-Conference Workshop D

Alcoholics Anonymous: What All Nurses Need to Know about 12-Step Recovery

Stephen Strobbe, PhD, RN, NP, PMHCNS-BC, CARN, Addictions Nursing Specialist, University of Michigan, Ann Arbor, MI

Dennis E. Hagarty, RN, MSN, CARN-AP, LCAS, Outpatient Buprenorphine Case Manager, Charles George VA Medical Center, Asheville, NC

Alcoholics Anonymous (AA) is “the largest and most popular mutual-help program for individuals with alcohol-related problems,” and the model for dozens of other 12-step recovery programs around the world. Yet many nurses, including those who specialize in addictions treatment, lack a full understanding or appreciation for this truly revolutionary and successful social experiment.

This pre-conference workshop will provide nurses with a unique opportunity to learn about this “spiritual program of action” through didactic presentations, questions and answers, discussion and a direct, experiential component. Topics will include the history of AA, what happens at meetings, an emerging scientific perspective and how to conduct a psychoeducational group about AA.

Before attending the conference, all participants are asked to attend at least one “open” AA meeting in their respective communities, and to submit two questions about AA based on this experience. Please send these questions in an email at least one week before the workshop, with a subject title of “AA Meeting,” to Dr. Stephen Strobbe at strobbe@med.umich.edu. We look forward to seeing you at this workshop!

Conference Schedule

9:00 a.m. – 12:00 p.m.

Pre-Conference Workshop E – Off-Site Workshop

Chronic Versus Complicated Pain & Substance Use Disorder: Identifying & Unlocking the Perpetuating Factors & Treatment Strategies

Jerry Lerner, MD, Chief of Pain Medicine, Sierra Tucson Treatment Center, Tucson, AZ

This off-site workshop will be held at the Sierra Tucson facility, and transportation will be provided to and from the hotel. The workshop is limited to 24 attendees.

“Chronic pain” can imply a hopeless and permanent condition. “Complicated pain” more accurately conveys the nature of this multi-factorial condition. Having a dual diagnosis of pain and substance use disorder can add more complexity to treatment. Dr. Jerry Lerner explores the underlying factors that can perpetuate unresolved pain and substance use disorder and both the proven and emerging treatment strategies that can help resolve the factors that have historically contributed to poor outcomes in these patients. There will be a tour of the Sierra Tucson facility at the end of the workshop.

12:00 p.m. – 1:00 p.m.

Lunch Break

Boxed lunch available for purchase (see registration form for pricing and registration). Boxed lunch includes: turkey wrap, chips, fresh whole fruit, chocolate chip cookie and soda or water.

1:00 p.m. – 5:00 p.m.

Pre-Conference Workshop F

Genomics: The Science of Discovery & Competencies for Addictions Nursing Practice

Diane Snow, PhD, RN, PMHNP-BC, CARN, Clinical Professor, University of Texas at Arlington College of Nursing, Arlington, TX

The presenter will focus on the knowledge of genomics as applied to addictions nursing. Participants will learn about inheritance risk based on family history, susceptibility and protective genes, cultural variants and environmental factors. Genomics competencies for all nurses and competencies for graduate nurses will be discussed. Participants will complete a pedigree to explore genetic risk. And finally, pharmacogenomics as applied to testing and decision making about medications to treat addictions will be explored.

5:00 p.m. – 5:30 p.m.

New Member/Attendee Orientation

All new members and first-time conference attendees are invited to join IntNSA's leadership at this informal networking session. Learn about IntNSA and how to get more involved in YOUR professional organization!

5:00 p.m. – 6:30 p.m.

Dinner on Your Own

6:30 p.m. – 8:30 p.m.

Welcome Reception in the Exhibit Hall/FAN Silent Auction Items Available for Bidding

THURSDAY, SEPTEMBER 8, 2011

6:00 a.m. – 7:00 a.m.

Fifth Annual IntNSA Walk 2011

The walk will depart at 6:00 a.m. sharp. More details on where to meet will be provided at the conference.

This walk is led by a Saguaro National Park staff member and will be a two-mile walk in part of the park that is adjacent to the hotel. Participants can take part in all or part of the walk.

NOTE: This event is included in your registration fee, but it is necessary for you to register if you would like to participate. T-shirts will be available to purchase on a first-come, first-served basis and must be ordered by August 1. A limited quantity of t-shirts will be available to purchase onsite. The cost of the t-shirt is \$20 for S-XL and \$22.50 for XXL. All proceeds from the sale of t-shirts are provided to the Foundation for Addictions Nursing (FAN).

7:00 a.m. – 5:00 p.m.

Registration

7:00 a.m. – 8:30 a.m.

BREAKFAST SYMPOSIUM

8:30 a.m. – 8:45 a.m.

Welcome & Opening Remarks

Deborah S. Finnell, DNS, PMHNP-BC, CARN-AP, Assistant Professor, SUNY at Buffalo, East Amherst, NY, IntNSA President; Ann Schreier, PhD, RN, Associate Professor, ECU School of Nursing, Greenville, NC, ASPMN® President

8:45 a.m. – 9:45 a.m.

KEYNOTE ADDRESS

Treating Chronic Pain with Prescription Opioids in the Substance Abuser: Relapse Prevention & Management

Peggy Compton, RN, PhD, FAAN, Professor, Associate Dean of Academic Affairs, UCLA School of Nursing, Los Angeles, CA

A history of substance abuse or addiction is a primary predictor of problematic medication use in chronic pain patients. Thus, in treating these patients, the charge of the clinician becomes that of relapse prevention. Strategies for preventing, identifying and managing relapse in this uniquely vulnerable group of pain patients will be presented, with an emphasis on framing relapse as an exacerbation of addictive disease, and not grounds for discharge from pain treatment.

9:45 a.m. – 10:30 a.m.

Break in the Exhibit Hall

FAN Silent Auction Items & Posters Available for Viewing

THURSDAY, SEPTEMBER 8, 2011

CONCURRENT SESSIONS	
10:30 a.m. – 12:35 p.m.	
<p>A1-B1: Screening, Brief Interventions & Referral to Treatment for Non-Dependent Substance Use: A Small Investment with Large Returns</p> <p>The presenters will briefly discuss the data that support screening and brief intervention, provide an overview of implementing screening and brief intervention practices to address substance use issues, role-play effective brief interventions utilizing motivational interviewing skills and identify solutions to commonly perceived barriers for implementing screening and brief intervention. Presenters will facilitate activities with the audience to reinforce the skills needed to provide evidence-based screenings and brief interventions, and share policy and practice recommendations for institutionalizing screening and brief interventions in diverse settings.</p>	<p><i>Brie Reimann, MPA, SBIRT Colorado Program Director, Peer Assistance Services, Inc., Denver, CO</i> <i>Leigh Fischer, MPH, SBIRT Colorado Program Manager, Peer Assistance Services, Inc., Denver, CO</i></p>
10:30 a.m. – 11:30 a.m.	
<p>A2: Prescription & Over-the-Counter Drug Abuse: What's Happening to Our Teens?</p> <p>The presenters will discuss recent findings about frequency of use, neurobiological implications of use and potential influence of teenage prescription and over-the-counter drug use on future addictive disease. The impact of co-occurring mental health issues as preceding or following abuse will be reviewed. Research findings on prevention will also be discussed, and case studies will be provided to illuminate the problem of non-medical use of prescription narcotics, over-the-counter drugs and stimulants. Safety measures for parents, suggestions for prevention and intervention and treatment options will be highlighted.</p>	<p><i>Merry Armstrong, DNSc, RN, PMHNP-BC, Associate Professor, Washington State University, Spokane, WA</i> <i>Diane Snow, PhD, RN, PMHNP-BC, CARN, Clinical Professor, University of Texas at Arlington College of Nursing, Arlington, TX</i></p>
<p>A3: Recreating a Vision of Motherhood: Therapeutic Drug Court & the Narrative</p> <p>In this study of the experiences of women with minor children who completed a Therapeutic Drug Court (TDC) program, the complex phenomenon of mothering is explicated through an interpretive phenomenological analysis of transcribed in-depth, interviews with TDC graduates and professionals who work with them. The structure of the story of mothering in recovery can be examined and interpreted as a re-structuring process women must undergo, one that can be profoundly affected by health care providers, members of the court and others. The experience of mothering, as both visionary and embodied, is deconstructed and represented in this presentation. Implications for working with recovering mothers of minor children will be offered.</p>	<p><i>Roxanne Vandermause, PhD, CARN, Assistant Professor, Washington State University College of Nursing, Spokane, WA</i></p>
<p>A4: Opioid-Induced Hyperalgesia: Implications for Pain & Addiction Treatment</p> <p>An increasingly appreciated effect of opioid use is increased sensitivity to pain, or opioid-induced hyperalgesia (OIH). Objectives for this presentation are to identify patients at risk for OIH, describe current understanding of the phenomenon of OIH, discuss the evidence for OIH in clinical populations and present strategies to identify and manage OIH in the clinical setting. The overlap between interventions that treat both pain and addiction will be emphasized.</p>	<p><i>Peggy Compton, RN, PhD, FAAN, Professor, Associate Dean of Academic Affairs, UCLA School of Nursing, Los Angeles, CA</i></p>
CONCURRENT SESSIONS	
11:35 a.m. – 12:35 p.m.	
<p><i>Session B1 is a continuation of the A1-B1 presentation listed above.</i></p>	
<p>B2: Overdose Prevention in an Opioid Treatment Program</p> <p>Through a partnership between the Boston Public Health Commission, the Massachusetts Department of Public Health and Boston Medical Center, overdose prevention education has been brought to the Boston Public Health Commission's opioid treatment program. The presenter will discuss implementation of this innovative program, the content of the training and some lessons learned from the experience.</p>	<p><i>Donna Beers, RN, BSN, CARN, Opioid Treatment Specialist, Section of General Internal Medicine, Boston Medical Center, Boston, MA</i></p>
<p>B3: Alcohol & Health Content in Baccalaureate Nursing Programs: A 24-Year Experience</p> <p>The presenter will provide a comparison of a study related to alcohol and health content in nursing curriculum to the findings of another study conducted 23 years ago. The presenter will demonstrate that over a 23-year period, little progress has been made in relation to the amount of alcohol-related content hours that are included in nursing curricula, especially in relation to prevention. Thus, the problem of alcohol use/abuse has increased over time without a corresponding increase in nursing educational focus on both the prevention and treatment of this problem.</p>	<p><i>Christine Savage, RN, PhD, CARN, Professor, College of Nursing; Professor, Department of Public Health Science, College of Medicine, University of Cincinnati, College of Nursing, Cincinnati, OH</i></p>

THURSDAY, SEPTEMBER 8, 2011

<p>B4: Screening, Brief Intervention & Referral to Treatment (SBIRT) Applications in Pain Management Screening, Brief Intervention, and Referral to Treatment (SBIRT) for alcohol and substance use problems is an evidence-based approach used for universal screening and intervention by health care providers in a wide variety of settings. Endorsed by SAMHSA, SBIRT has been integrated into curricula and continuing education for health care providers across disciplines, including nurses, physicians, dentists, pharmacists, social workers and others. Since 2009 SBIRT has assigned CPT and ICD-9 Codes as a billable service that can be incorporated in ambulatory outpatient, emergency department, FQHC clinics and inpatient hospital settings. For health care providers in pain management settings, it is critical to understand the risk for abuse and dependence on prescribed medications, alcohol and other substances of abuse, and to actively screen and intervene. For patients with prior abuse histories, the risk of relapse is often minimized or overlooked when emergency management of acute pain due to trauma or management of chronic intractable pain is required. The presenter will focus on the application of SBIRT in both emergency settings and pain management settings and briefly review billing guidelines for respective settings. A brief review of relevant SBIRT research findings and case studies will be used to illustrate SBIRT and clinical management strategies.</p>	<p><i>Susie Adams, PhD, PMHNP/CNS-BC, FAANP, Professor and Director, PMHNP Program, Vanderbilt University School of Nursing, Nashville, TN</i></p>
<p>12:45 p.m. – 2:15 p.m. LUNCH SYMPOSIUM</p>	
<p>CONCURRENT SESSIONS</p>	
<p>2:20 p.m. – 4:25 p.m.</p>	
<p>C1 & D1: Taming the Beast: Use of Cognitive Behavioral Therapy (CBT) in Treatment of Co-Existing Disorders of Chronic Pain, Depression & Addiction Caring for individuals with coexisting depression, anxiety and substance use disorder creates multiple challenges for practitioners. The utilization of Cognitive Behavioral Therapy (CBT) is an effective strategy to simultaneously address co-existing conditions of chronic pain, depression and substance use disorders. The presenters will describe an approach which incorporates discontinuation of opioid analgesics while teaching non-pharmacological strategies, based on a CBT foundation. Patients attending this pain rehabilitation program learn how to combat the synergistic effect of chronic pain, substance use and mood disorders empowering patients to reclaim their lives.</p>	<p><i>Joan Cronin, RN, MS, CNS, CARN, LADC, Clinical Nurse Specialist, Mayo Clinic, Rochester, MN</i> <i>Connie Luedtke, MA, RN, Nursing Supervisor, Mayo Clinic, Rochester, MN</i> <i>Virginia Nash, DNP, RN, CNS, Clinical Nurse Specialist, Pain Rehabilitation Center, Mayo Clinic, Rochester, MN</i> <i>Elizabeth L. Pestka, MS, PMHCNS-BC, APNG, Assistant Professor of Nursing, College of Medicine; Clinical Nurse Specialist, Pain Rehabilitation Center, Mayo Clinic, Rochester, MN</i></p>
<p>2:20 p.m. – 3:20 p.m.</p>	
<p>C2: Option for Treatment of Patients Who Inject Drugs & Have a Bacterial Infection People who abuse drugs and have related injection practices are at a higher risk of bacterial infections that can be serious and even life-threatening. The treatment of choice for these infections is long-term intravenous antibiotics usually administered through a PICC line. Having immediate IV access can be too tempting for an individual who injects drugs if he or she returns to his or her home. Hospitals face an ethical dilemma as to the best location for a safe treatment that can be provided in an economical manner. One urban hospital partnered with a local substance abuse treatment center to treat these individuals by providing a safe place for both IV antibiotics and treatment for substance abuse. The presenter will focus on the collaboration between the two organizations and outcome data on the program.</p>	<p><i>Carolyn E. Jewell, PMHNP-BC, CARN-AP, Psychiatric Mental Health Nurse Practitioner, Addiction Psychiatry, Substance Abuse Consult Service, Virginia Commonwealth University Medical Center, Richmond, VA</i></p>
<p>C3: Trauma-Informed Interventions for Women with Co-Occurring Substance Use & Mental Health Disorders Traditional models of addiction treatment, recovery and relapse prevention often fail to consider the significant role that unresolved trauma plays in a woman's attempt at recovery. The traditional 12-Step/Minnesota Model and Cognitive Behavioral Therapy (CBT) approach have been criticized for marginalizing addicted, traumatized women more so than their male counterparts (Miller and Guidry, 2001). The presenter will describe current trauma-informed interventions and review relevant research studies that hold promise for sustained recovery for women with co-occurring disorders.</p>	<p><i>Susie Adams, PhD, PMHNP/CNS-BC, FAANP, Professor and Director, PMHNP Program, Vanderbilt University School of Nursing, Nashville, TN</i></p>
<p>C4: Health Reform & the Behavioral Health Service System The Affordable Care Act (ACA) is one aspect of a broader movement toward a reformed behavioral health system. This session will focus on the impact of ACA on individuals with substance use disorders in need of treatment. Topics will include insurance market reforms to improve access; insurance coverage parity; screening, intervention and referral to treatment; integration with primary care and the broader health care system; and potential changes in block grant funding and reporting.</p>	<p><i>Katherine Fornili, MPH, RN, CARN, Assistant Professor, Community and Public Health Nursing, University of Maryland School of Nursing, Baltimore, MD</i></p>

THURSDAY, SEPTEMBER 8, 2011

3:25 p.m. – 4:25 p.m.	
Session D1 is a continuation of the C1-D1 presentation listed on page 8.	
<p>D2: Mindfulness Meditation Explained The purpose of this presentation will be to review evidence-based literature on the effectiveness of, practice and methods of mindfulness meditation. The presentation will include a discussion of the roots of mindfulness meditation, the evolution of the practice in the United States, typical methods of teaching and learning this technique. Mindfulness meditation will be differentiated from other kinds of meditation practices. Applications in recovery programs, chronic pain centers and other health care settings will be reviewed. General principles of meditation will be discussed, and situations where these practices might be helpful will be reviewed. Walking and sitting mindfulness meditation will be explained and demonstrated, and the presentation will include a brief experiential component of this meditative practice.</p>	<p><i>Merry Armstrong, DNSc, RN, PMHNP-BC, Associate Professor, Washington State University, Spokane, WA</i></p>
<p>D3: Beyond the Mountains: Involving Nurses in Telemedicine-Supported Opioid Treatment in Rural Areas Washington State and the nation are facing an epidemic of prescription opioid-related deaths. Project Roam, the UW Rural Opiate Addiction Management Project, works with interdisciplinary community partners to apply evidence-based treatment of buprenorphine and naloxone to reach opioid-addicted persons in rural areas of Washington State. The project addresses the lack of rural psychiatry and specialty care by innovative use of telemedicine, and showcases the role of nurses as team members by using them to present cases, review cases and manage care in collaborative physician-nurse partnerships.</p>	<p><i>Mary Catlin, Consultant, CDC, WHO, UNICEF, Ministry of Egypt, NGOs, University of Washington I-Tech, and the U.S. State Department, Seattle, WA</i></p>
<p>D4: Shifting the Focus of Addiction Treatment from an Acute to Chronic Care Model The primary focus of this study describes a family-centered, home-based addiction treatment approach, which resulted in more diverse outcomes than traditional addiction treatment approaches. The presenter will examine how frequency of participation in relation to length of time, referred to as treatment intensity, and a primary focus on family-centered treatment, impacted client engagement in the addiction treatment process. This presentation offers support that family-centered, home-based treatment was significantly responsible for client engagement and provides empirical support for implementing interventions based on the chronic care model.</p>	<p><i>Kathleen Z. Wisser, PhD, RN, CPHQ, Assistant Professor of Nursing, Alvernia University, Reading, PA</i></p>



THURSDAY, SEPTEMBER 8, 2011

4:30 p.m. – 5:30 p.m.

Break in the Exhibit Hall

FAN Silent Auction Items Available

4:30 p.m. – 5:30 p.m.

POSTER SESSION

#1 Alcohol Detoxification: A Comparison of a Long-Acting Benzodiazepine, Short-Active Benzodiazepine & a Barbiturate

William P. Carrick, RN, BSN, MSN, CARN, President and Chief Clinician, Executive Home Detox; Executive Recovery Coach, Inc., Reading, MA

#2 Lessons Learned from the Lifestyles of the Rich & Famous: A Culture within a Culture

William P. Carrick, RN, BSN, MSN, CARN, President and Chief Clinician, Executive Home Detox; Executive Recovery Coach, Inc., Reading, MA

#3 Empowerment of Nursing Staff as a Factor in Performance in an Addictions Treatment Facility

Denise McNulty, DNP, MSN, RN-BC, ARNP, Director of Nursing, The Willough at Naples; Faculty Member, Edison State College, Naples, FL

#4 Evaluation of a Substance Abuse Awareness Seminar for Nursing Students

David M. Cadiz, MBA, PhD, Research Associate, Oregon Nurses Foundation, Eugene, OR

#5 Evaluation of a Nurse Supervisory Skill Training to Manage Nurse Fitness to Practice

Chris O'Neill, RN, DMin, Program Director, WorkHealthy Oregon, Oregon Nurses Foundation, Eugene, OR

#6 Expansion of Office-Based Treatment with Buprenorphine Utilizing Nurse Care Managers in Urban Primary Care Practice

Colleen T. Labelle, RN, CARN, Program Director, State Technical Assistance Treatment Expansion Office Based Opioid Treatment with Buprenorphine (STATE OBOT B); Nurse Manager of Office Based Opioid Treatment Program, Boston Medical Center/Boston University Medical Center, Boston, MA

#7 The Recovery Resource System: Promoting Health Self-Management

Frederick H. Osborne, MS, PMHNP-BC, CARN, Nurse Practitioner in Psychiatry; PhD Student, Veterans Administration, Canandaigua, NY

#8 Evaluation of an E.D.-Coordinated Care Program to Reduce Chronic Pain

Roxanne Vandermause, PhD, CARN, Assistant Professor, Washington State University College of Nursing, Spokane, WA

#9 Partnering to Open Doors: Increasing Access to Addiction & Mental Health Services for Women

Tara Lightfoot, RN, BN, Nurse-Clinician, Concurrent Disorders Program, Addiction Services, Toronto Western Hospital, Toronto, Ontario, Canada

6:30 p.m. – 9:00 p.m.

Awards Banquet

Join us as the IntNSA award winners are announced. Over dinner, also enjoy the company of colleagues and celebrate the successes of the profession and association. This event is included in your full conference registration fee. This event is being held outside so bring a jacket as it tends to get chilly after sunset.

9:00 p.m. – 10:00 p.m.

Support Group Meeting



FRIDAY, SEPTEMBER 9, 2011

6:00 a.m. – 7:00 a.m.

Fifth Annual IntNSA Walk 2011

The walk will depart at 6:00 a.m. sharp. See page 6 for more details.

7:00 a.m. – 5:00 p.m.

Registration

7:00 a.m. – 8:30 a.m.

Breakfast & Annual Business Meeting

8:45 a.m. – 9:45 a.m.

Women & Children & Substance Use Disorders

Mary Weber, PhD, APRN, PMHNP-BC, Endowed Professor in Psychiatric Nursing, Associate Professor, Option Coordinator for the Family Psychiatric Nurse Practitioner Program, University of Colorado College of Nursing, Aurora, CO

The presenter will provide an overview of significant issues of women with children and substance use disorders to include access issues and advocacy issues.

9:45 a.m. – 10:45 a.m.

Break in the Exhibit Hall, Posters & FAN Silent Auction Available

10:45 a.m. – 11:45 a.m.

Exploring Current Theories on the Neurobiology of Addictions

Fritz Jean Noel, MD, Addictions Fellow, Department of Psychiatry and Psychology, Mayo Clinic, Rochester, MN

The presenter will provide an overview of recent literature and common practice focusing on the pathophysiology of addictions, specifically neurotransmitters and their relation to reward pathways. In addition, the topics of neuro-imaging, medication targets and genetics will also be addressed.

12:00 p.m. – 1:30 p.m.

Non-CE Lunch Symposium: Sponsored by NeuroGesX

Management of Postherpetic Neuralgia (PHN): Understanding Localized Treatment & Its Role in Clinical Practice

Wendy Wright, MS, RN, ARNP, FNP, FAANP, Wright & Associates Family Health Care, PLLC, Amherst, NH; Mary Milano Carter, MSN, RN-BC, APRN-BC, North American Partners in Pain Management, Glen Head, NY

Postherpetic neuralgia (PHN) is a highly prevalent condition that causes pain and undermines patients' quality of life. The presenters will review the magnitude of the problem and discuss the role of the first and only FDA-approved prescription strength capsaicin treatment for PHN. The Faculty will review the most recent clinical data for this prescription strength, localized treatment and discuss the practical management of patients with PHN.

1:40 p.m. – 2:40 p.m.

Eye Movement Desensitization & Reprocessing (EMDR): A Psychotherapeutic Approach for the Treatment of Trauma-Based Disorders

Sandra B. Barker, PhD, LPC, NCC, EMDRIA Approved Consultant in EMDR and Certified EMDR Therapist, Professor of Psychiatry and Bill Balaban Endowed Chair in Human-Animal Interaction, Virginia Commonwealth University, Richmond, VA

Accumulating evidence supports the efficacy of EMDR for the treatment of PTSD and other trauma-based disorders. The presenter will explain the eight-stage EMDR process, provide a case example and summarize efficacy research.

2:40 p.m. – 3:30 p.m.

Break in the Exhibit Hall, Posters & Silent Auction Available (bidding closes at 3:30 p.m.)

3:30 p.m. – 4:30 p.m.

Drug Enforcement Administration Update

Albert A. Laurita, Assistant Special Agent in Charge, Intelligence Unit, Drug Enforcement Administration, Tucson District Office, Phoenix Field Division, Tucson, AZ

George L. Fonseca, Group Supervisor, Intelligence Unit, Drug Enforcement Administration, Tucson District Office, Phoenix Field Division, Tucson, AZ

Agents from the Drug Enforcement Administration (DEA) will provide information on illegal and prescription drugs, how they come into the country and what the local DEA is doing to combat this. The presenters will also discuss prescription drug abuse in the state of Arizona and provide information on Arizona's prescription monitoring program.

4:30 p.m. – 4:45 p.m.

FAN Silent Auction Winners Announced

The Foundation for Addictions Nursing (FAN) will hold its third annual Silent Auction during the conference. The Silent Auction will be open Wednesday evening during the Welcome Reception, all day on Thursday and until 3:30 p.m. on Friday.

4:30 p.m. – 5:00 p.m.

Silent Auction Winners Pick Up Items

8:00 p.m. – 9:00 p.m.

Support Group Meeting



SATURDAY, SEPTEMBER 10, 2011

6:00 a.m. – 7:00 a.m.

Fifth Annual IntNSA Walk 2011

The walk will depart at 6:00 a.m. sharp. See page 6 for more details.

7:00 a.m. – 5:00 p.m.

Registration

7:00 a.m. – 8:30 a.m.

NON-CE BREAKFAST SYMPOSIUM: *Provided by Cadence Pharmaceuticals* **Perioperative Pain Management: The Role of IV Acetaminophen**

Chris Pasero, MS, RN-BC, FAAN, Educator, Clinical Consultant, El Dorado Hills, CA

This non-CE symposium will provide an overview of multimodal analgesia and the role of IV acetaminophen in peri-operative pain management.

CONCURRENT SESSIONS

8:40 a.m. – 9:50 a.m.

E1: Getting Healthy: Relational Health of Teen Girls in Chemical Dependency Treatment

In this study of the relational health status and needs of teen girls in inpatient chemical dependency (CD) treatment, the domains, dimensions, patterns and meaning of relational health are explored. Through repeated surveys during and following inpatient treatment, in-depth interviews of girls newly admitted to a regional CD treatment facility, and comparing the interactions with peers, mentors and community members of girls in treatment with those not in treatment, relational health was seen as an area of vital concern for teen girls involved in substance use. Particular areas meaningful to them, and areas where severe aberrancies were noted, involve family, friends and future. These areas can be targeted for intervention to improve the relational health and, ultimately, overall health and wellbeing of these girls. A summary of findings and implications for nursing and health care intervention via focused attention in key areas will be addressed.

Roxanne Vandermause, PhD, CARN, Assistant Professor, Washington State University College of Nursing, Spokane, WA
Merry Armstrong, DNSc, APRN, Associate Professor, Washington State University College of Nursing, Spokane, WA

E2: Managing Pain in the Chemically-Addicted Patient

The authors have more than 25 years of combined experience in a state public health facility where many patients with medical problems, chemical dependency and pain are served. They will describe what is known about the treatment of patients with chemical addictions when they also have problems of pain and make recommendations for such treatment. The focus of the presentation will be related to chronic pain conditions, which present a greater challenge to clinicians, rather than more acute pain problems. Research in the area of pain management of those with a chemical addiction will be reviewed. Important definitions of terms related to pain and addiction will be provided, as well as the components of an adequate pain assessment. The presenters will describe behavioral issues and treatments, as well as principles for the use of analgesic medications to manage pain in those with a problem of chemical addiction. Methods of dealing with staff concerns about treatment will also be presented. Interdisciplinary strategies will be offered to provide management of both pain and chemical dependency.

Betty D. Morgan, PhD, PMHCNS-BC, Associate Professor, School of Health and Environment, Department of Nursing, University of Massachusetts Lowell, Lowell, MA
Donna White, PhD, APRN-BC, CADAC-II, Addiction Specialist, Lemuel Shattuck Hospital, Boston, MA

E3: Web-Based Addictions Curriculum for Undergraduate Nursing Education

The presenters will describe the development of a web-based addictions elective for undergraduate nurses at a large, urban, state-funded university. "Addictions, Society, and the Role of the Nurse" has been enthusiastically endorsed by students and faculty. The presenters will describe the course's main content areas, teaching strategies and assignments used to promote student learning and an analysis of the course's strengths and weaknesses. They will outline how the course integrates learning from all nursing specialties, relate its content to *The Essentials of Baccalaureate Education for Professional Nursing Practice* (AACN, 2008) and explain how various learning theories may have contributed to the course's success at engaging students.

Katherine Fornili, MPH, RN, CARN, Assistant Professor, Community and Public Health Nursing, University of Maryland School of Nursing, Baltimore, MD
Charon Burda, MS, PMHNP-BC, Assistant Professor, Psychiatric Mental Health Nursing, University of Maryland School of Nursing, Baltimore, MD

E4: Urine Drug Screens: Interpretation Clinical Pearls

The presenter will provide information on what can and cannot be interpreted from a urine drug screen. Substances that may cause a false-positive and patient methods to change results will be discussed.

Julie L. Cunningham, PharmD, BCPP, Pharmacotherapy Coordinator, Assistant Professor of Pharmacy, College of Medicine, Mayo Clinic, Rochester, MN

SATURDAY, SEPTEMBER 10, 2011

9:50 a.m. – 10:15 a.m. **Break**

10:15 a.m. – 11:15 a.m.

Prescription Drug Abuse & Diversion in Indian Country

James Norris, Professional Trainer, Indian Country Training, Albuquerque, NM

The National Drug Intelligence Center report on drug threats in Indian Country confirms what we know and see in many of our tribal communities. The escalating methamphetamine use and pharmaceutical drug abuse have increased significantly in recent years. So has the alarming criminal activity of Native gangs. This program is presented with the latest information of the current drug abuse by examining the national issue, tribal impact and community concerns. Attendees can expect to become more aware of the prescription drug abuse and methamphetamine situation throughout Indian Country.

11:25 a.m. – 12:25 p.m.

Opioid Discontinuation: The Art of Tapering

Julie L. Cunningham, PharmD, BCPP, Pharmacotherapy Coordinator, Assistant Professor of Pharmacy, College of Medicine, Mayo Clinic, Rochester, MN

Several factors need to be taken into consideration when designing an opioid reduction taper. This presentation will feature a case study focusing on differences between opioid products to consider when tapering, review of the published literature for strategies and methods and monitoring guidelines.

12:30 p.m. – 2:00 p.m. **Lunch Symposium** Sponsored by Drexel University

Drexel University School of Nursing DrNP Program Overview

Al Rundio, Jr., PhD, DNP, CARN-AP, APRN, NEA-BC, LCADC, DPNAP, Clinical Professor of Nursing; Chair DrNP Program, Drexel University, College of Nursing & Health Professions, Egg Harbor Township, NJ

The presenter will provide an overview of the College of Nursing at Drexel and the Doctor of Nursing Practice (DrNP) Program at Drexel University.

2:15 p.m. – 3:15 p.m.

Adverse Effects of Nicotine on Healing: New Nicotine & Smoking Cessation Products

Janice Cooke Feigenbaum, RN, PhD, Clinical Professor, University of Buffalo School of Nursing, Buffalo, NY

This presentation addresses the effects of nicotine on the healing process and how cravings for nicotine thwart smoking cessation. The need for health care professionals to encourage all individuals who are attempting to quit smoking to include a pharmacological aid in their plan will be noted. Key points in implementing this perspective will be outlined.

3:15 p.m. – 3:30 p.m. **Break**

3:30 p.m. – 4:30 p.m.

Risk Evaluation Mitigation Strategy (REMS) Taskforce White Paper Report

Kathleen Broglio, New York University School of Medicine, Bellevue Hospital Center, New York, NY; Dana Murphy-Parker, MS, PMHNP-BC, Director, Psychiatric/Mental Health Nurse Practitioner Program, University of Wyoming Fay W. Whitney School of Nursing, Laramie, WY; Nancy Eksterowicz, MSN, RN, Advanced Practice Nurse, University of Virginia Hospital, Charlottesville, VA; Laurie J. Ware, PhD, RN, CNL, Assistant Dean/Professor, University of West Georgia School of Nursing, Carrollton, GA

The Risk Evaluation Mitigation Strategy (REMS) Taskforce is a multi-organizational taskforce that was formed to develop a White Paper report regarding REMS for opioid therapy. The group is comprised of members from multiple organizations (ASPMN[®], American Association of Nurse Anesthetists, American Academy of Nurse Practitioners, American Academy of Physician Assistants, Hospice and Palliative Nurses Association, IntNSA and the Oncology Nursing Society). The members met and collaborated through face-to-face meetings and conference calls to develop the paper on REMS. The presenters will summarize the findings and position of the taskforce.

4:35 p.m. – 5:35 p.m.

We Didn't Start the Fire, But We Are Carrying the Torch!

Barbara St. Marie, PhD, MA, RN-BC, CS, ANP, GNP, Fairview Ridges Hospital, Burnsville, MN

Having a collaboratively held national conference of the IntNSA and the ASPMN[®] is the responsible thing to do! Never before has it been more obvious that all nurses must embrace the challenge to overcome fear, stigma and knowledge deficits of treating pain in people with the disease of addiction. Both of our organizations are well positioned to work together now and in the future to impact patient care and social policy. We've identified the problems, now we must move forward to develop the solutions.

5:35 p.m. – 5:45 p.m.

Closing Remarks

Deborah S. Finnell, DNS, PMHNP-BC, CARN-AP, Assistant Professor, SUNY at Buffalo, Buffalo, NY, IntNSA President; Joann M. Eland, PhD, RN, FAAN, Associate Professor, University of Iowa College of Nursing, Iowa City, IA, ASPMN[®] 2011-2012 President

7:30 p.m. – 10:00 p.m.

IntNSA/ASPMN[®] Party!

Join us as we celebrate this year's conference! A great opportunity to enjoy new and old friends made through your involvement with IntNSA as well as by attending this year's conference. The evening will be filled with snacks, fun, dancing and socializing.



Attendees from the IntNSA and ASPMN[®] conferences can enjoy educational content provided by both organizations. You are welcome to attend any sessions of interest to you on either program. On the following pages is a Program at a Glance for the ASPMN[®] National Conference and the IntNSA schedule for easy comparison. Please be sure to indicate which sessions you are attending on the registration form.

Program at a Glance

TUESDAY, SEPTEMBER 6, 2011

4:00 p.m. – 7:00 p.m. **Registration**

WEDNESDAY, SEPTEMBER 7, 2011

IntNSA Schedule	ASPMN [®] Schedule
7:00 a.m. – 5:00 p.m. Registration	
7:00 a.m. – 8:00 a.m. Continental Breakfast available for purchase	
8:00 a.m. – 5:00 p.m. Workshop A: CARN & CARN-AP Review Course	8:00 a.m. – 5:00 p.m. Workshop 1: ASPMN [®] Pain Management Certification Preparation Course™
8:00 a.m. – 5:00 p.m. Workshop B: Trimorbidity: Pain, Addiction & Psychiatric Illness Assessment & Treatment of Patients with Complex Care Issues	8:00 a.m. – 5:00 p.m. Workshop 2: "Blocking" the Pain: Regional Analgesia Workshop
	8:00 a.m. – 5:00 p.m. Workshop 3: Advanced Pharmacology
	8:00 a.m. – 5:00 p.m. Workshop 4: Geriatric Pain Management Course
8:00 a.m. – 12:00 p.m. Workshop C: Evidence-Based Practice: Learning the Basics	8:00 a.m. – 12:00 p.m. Workshop 5: The Use of Medicinal Cannabis for Chronic Pain
8:00 a.m. – 12:00 p.m. Workshop D: Alcoholics Anonymous: What All Nurses Need to Know about 12-Step Recovery	8:00 a.m. – 12:00 p.m. Workshop 6: The Medicine Walk: Integrating Indigenous Wisdom into Pain Management Nursing
9:00 a.m. – 12:00 p.m. Workshop E: Chronic Versus Complicated Pain & Substance Use Disorder: Identifying & Unlocking the Perpetuating Factors & Treatment Strategies (off-site workshop)	
12:00 p.m. – 1:00 p.m. Lunch available for purchase	
1:00 p.m. – 5:00 p.m. Workshop F: Genomics: The Science of Discovery & Competencies for Addictions Nursing Practice	1:00 p.m. – 5:00 p.m. Workshop 7: Pediatric Pain Assessment & Approaches to Pain Management
	1:00 p.m. – 5:00 p.m. Workshop 8: Sickle Cell Disease: Why Is It So Hard to Manage?
5:00 p.m. – 5:30 p.m. New Member/Attendee Orientation	
5:00 p.m. – 6:30 p.m. Dinner on Your Own	
6:30 p.m. – 8:30 p.m. Welcome Reception in the Exhibit Hall & Silent Auction	

THURSDAY, SEPTEMBER 8, 2011

IntNSA Schedule	ASPMN [®] Schedule
6:00 a.m. – 7:00 a.m. 5th Annual Walk	
7:00 a.m. – 5:00 p.m. Registration	
7:00 a.m. – 8:30 a.m. Breakfast Symposium	
8:30 a.m. – 8:45 a.m. Welcome & Opening Remarks	
8:45 a.m. – 9:45 a.m. Keynote Address: Treating Chronic Pain with Prescription Opioids in the Substance Abuser: Relapse Prevention & Management	
9:45 a.m. – 10:30 a.m. Break in Exhibit Hall/Silent Auction/Poster Viewing	

IntNSA Schedule	ASPMN [®] Schedule
CONCURRENT SESSIONS 10:30 a.m. – 12:30 p.m. A1-B1: Screening, Brief Interventions & Referral to Treatment for Non-Dependent Substance Use: A Small Investment with Large Returns 10:30 a.m. – 11:30 a.m. A2: Prescription & Over-the-Counter Drug Abuse: What's Happening to Our Teens? A3: Recreating a Vision of Motherhood: Therapeutic Drug Court & the Narrative A4: Opioid-Induced Hyperalgesia: Implications for Pain & Addiction Treatment	10:30 a.m. – 11:30 a.m. ASPMN [®] Task Force for Pain Assessment in the Non-verbal Person: Position Statement Update & Discussion
CONCURRENT SESSIONS 11:35 a.m. – 12:35 p.m. <i>Session B1 is a continuation of the A1-B1 presentation listed above.</i> B2: Overdose Prevention in an Opioid Treatment Program B3: Alcohol & Health Content in Baccalaureate Nursing Programs: A 24-Year Experience B4: Screening, Brief Intervention & Referral to Treatment (SBIRT) Applications in Pain Management 12:45 p.m. – 2:15 p.m. Lunch Symposium	11:35 a.m. – 12:35 p.m. Demystifying The Joint Commission Requirements
CONCURRENT SESSIONS 2:20 p.m. – 4:25 p.m. C1 & D1: Taming the Beast: Use of Cognitive Behavioral Therapy (CBT) in Treatment of Co-Existing Disorders of Chronic Pain, Depression & Addiction 2:20 p.m. – 3:20 p.m. C2: Option for Treatment of Patients Who Inject Drugs & Have a Bacterial Infection C3: Trauma-Informed Interventions for Women with Co-Occurring Substance Use & Mental Health Disorders C4: Health Reform & the Behavioral Health Service System	2:20 p.m. – 3:20 p.m. Jean Guveyan Lecture: The Role of Patient Family Advisors in Transforming Care. <i>Supported by an educational grant from Purdue Pharma L.P.</i>
CONCURRENT SESSIONS 3:25 p.m. – 4:25 p.m. <i>Session D1 is a continuation of the C1-D1 presentation listed above.</i> D2: Mindfulness Meditation Explained D3: Beyond the Mountains: Involving Nurses in Telemedicine-Supported Opioid Treatment in Rural Areas D4: Shifting the Focus of Addiction Treatment from an Acute to Chronic Care Model 4:30 p.m. – 5:30 p.m. Poster Session 4:30 p.m. – 5:30 p.m. Break in the Exhibit Hall/Silent Auction 6:30 p.m. – 9:00 p.m. Awards Dinner	3:25 p.m. – 4:25 p.m. Business Meeting – Everyone Is Invited!
	5:30 p.m. – 6:15 p.m. Certification Reception <i>All Certified Pain Management Nurses Invited</i> 6:30 p.m. – 8:30 p.m. CE Dinner Symposium: <i>Supported by an educational grant from PriCara[®], Division of Ortho-McNeil-Janssen Pharmaceuticals, Inc.</i> War on Pain: Improving Pain Care for Combat-Injured Military Personnel & Veterans from OEF & OIF Conflicts

Program at a Glance

FRIDAY, SEPTEMBER 9, 2011

IntNSA Schedule	ASPMN [®] Schedule
6:00 a.m. – 7:00 a.m. 5th Annual Walk	
7:00 a.m. – 5:00 p.m. Registration	
7:00 a.m. – 8:30 a.m. Breakfast & Annual Business Meeting	7:00 a.m. – 8:30 a.m. Non-CE Breakfast Symposium: <i>Supported by Purdue Pharma L.P.</i> Opioid Analgesic Treatment Options for Moderate to Severe Chronic Pain
8:45 a.m. – 9:45 a.m. Women & Children & Substance Use Disorders	CONCURRENT SESSIONS 8:45 a.m. – 9:45 a.m. 1A. To Test Or Not to Test for Cannabis for Pain Contracts 1B. Co-Occurring Chronic Pain & PTSD: Shared Vulnerability & Mutual Maintenance 1C. Safety Monitoring of Prescription Opioids Leading to Better Clinical Outcomes 1D. Mindfulness Meditation: A Practice for Yourself, A Teaching for Your Patients 1E. Monitoring Over-Sedation in Adult & Pediatric Patients Receiving Opioids for Pain Management 1F. Patient Attributes Influencing Pain & Pain Management in Post-Operative Total Knee Arthroplasty Patients
9:45 a.m. – 10:45 a.m. Break in the Exhibit Hall/Silent Auction/Poster Viewing	
10:45 a.m. – 11:45 a.m. Alternatives to Pain Medications	CONCURRENT SESSIONS 10:45 a.m. – 11:45 a.m. 2A. Epidural Steroid Injections: A Review of the Recent Literature 2B. Reducing Opioid-Induced Over-Sedation Using the Pasero Opioid-Induced Sedation Scale 2C. Jeopardy: The Pain Game 2D. Biofeedback: An Innovative & Interactive Treatment Modality 2E. Making Needlesticks & Procedures Less Painful for Children 2F. Evaluation of Nurse Alarm Notification Systems (NANS) for Post-Operative Patients Receiving Opioids Via Patient-Controlled Analgesia
12:00 p.m. – 1:30 p.m. Non-CE Lunch Symposium: <i>Supported by NeuroGesX</i> Management of Postherpetic Neuralgia (PHN): Understanding Localized Treatment & Its Role in Clinical Practice	
1:40 p.m. – 2:40 p.m. Eye Movement Desensitization & Reprocessing (EMDR): A Psychotherapeutic Approach for the Treatment of Trauma-Based Disorders	CONCURRENT SESSIONS 1:40 p.m. – 2:40 p.m. 3A. Epidural Pain Management 3B. Nurses Role in Buprenorphine Treatment Utilizing TAP 30 3C. Reform & Innovation: The Conceptual Approach to Teaching Pain Management 3D. Spoken Medicine: Therapeutic Suggestion & Imagery for Pain Relief & Relaxation 3E. The Challenges of Treating Children & Adolescents with Sickle Cell Pain 3F. Nurses' Attitudes Toward Substance Abusers in Pain
2:40 p.m. – 3:30 p.m. Break in Exhibit Hall/Silent Auction/Poster Viewing	
3:30 p.m. – 4:30 p.m. Drug Enforcement Administration Update	CONCURRENT SESSIONS 3:30 p.m. – 4:30 p.m. 4A. Managing Persistent Abdominal Pain: Three Case Studies 4B. Pain Recognition for the Critically Ill Patient Who Is Unable to Provide Self-Report 4C. Improving Pain Assessment & Management in Nursing Homes: A National Collaborative 4D. Pulsed Radiofrequency Ablation: A Review of the Evidence 4E. Family Involvement: A Key Ingredient for Successful Rehabilitation in Adolescents with Chronic Pain 4F. Self-Care Practices Reported to Alleviate Phantom Limb Pain

SATURDAY, SEPTEMBER 10, 2011

IntNSA Schedule	ASPMN [®] Schedule
6:00 a.m. – 7:00 a.m. 5th Annual Walk	
7:00 a.m. – 5:00 p.m. Registration	
7:00 a.m. – 8:30 a.m. Non-CE Breakfast Symposium: <i>Supported by Cadence Pharmaceuticals</i> Perioperative Pain Management: The Role of IV Acetaminophen	
CONCURRENT SESSIONS 8:45 a.m. – 9:50 a.m. E1: Getting Healthy: Relational Health of Teen Girls in Chemical Dependency Treatment E2: Managing Pain in the Chemically-Addicted Patient E3: Web-Based Addictions Curriculum for Undergraduate Nursing Education E4: Urine Drug Screens: Interpretation Clinical Pearls	8:40 a.m. – 9:25 a.m. Awards Ceremony 9:25 a.m. – 9:55 a.m. Incoming Presidential Address
9:50 a.m. – 10:15 a.m. Break	
10:15 a.m. – 11:15 a.m. Prescription Drug Abuse & Diversion in Indian Country	CONCURRENT SESSIONS 10:15 a.m. – 11:15 a.m. 5A. An Interventional, Multidisciplinary Approach to Chronic Pain Management: A Holistic Overview 5B. Complex Regional Pain Syndrome: A Case Study 5C. Pain in Alzheimer's Disease Patients 5D. Acute Pain Management Using Infusion Devices in Difficulty Populations 5E. Seeking Disease-Specific Certification from The Joint Commission 5F. Multi-Year Pain Prevalence Studies: Key to Changing a Hospital's Pain Management Culture & Practices?
11:25 a.m. – 12:25 p.m. Opioid Discontinuation: The Art of Tapering	CONCURRENT SESSIONS 11:25 a.m. – 12:25 p.m. 6A. The Role of NMDA Receptor Antagonist Drugs in the Acute Care Setting 6B. Comfort Champions Make a Difference in Pain Management 6C. Ban the 1-10 Scale: An Innovative Approach to Labor Pain 6D. The Pain of Addiction. . . Opioid-Induced Tolerance & Hyperalgesia 6E. Safely Monitoring Post-Operative Patients on a Medical/Surgical Unit Utilizing Continuous Cardiorespiratory Remote Monitoring 6F. Picture My Pain: Living with Chronic Pain & Poverty
12:30 p.m. – 2:00 p.m. Lunch Symposium <i>Sponsored by Drexel University</i> Drexel University School of Nursing DrNP Program Overview	12:30 p.m. – 2:00 p.m. Lunch Symposium
2:15 p.m. – 3:15 p.m. Adverse Effects of Nicotine on Healing & New Nicotine Products Smoking Cessation Products	2:15 p.m. – 3:15 p.m. Evidence-Based Chronic Pain Guidelines: Impact on Patient Safety, Clinical Outcome & Reimbursement
3:15 p.m. – 3:30 p.m. Break	
3:30 p.m. – 4:30 p.m. Risk Evaluation Mitigation Strategy (REMS) Taskforce White Paper Report	
4:35 p.m. – 5:35 p.m. We Didn't Start the Fire, But We Are Carrying the Torch!	
5:35 p.m. – 5:45 p.m. Closing Remarks	
5:45 p.m. – 7:30 p.m. Dinner on Your Own	
7:30 p.m. – 10:00 p.m. IntNSA/ASPMN [®] Party	

September 7-10, 2011 Tucson, AZ JW Marriott Starr Pass Resort & Spa

Featured Speakers

OPENING KEYNOTE SPEAKER



Peggy Compton, RN, PhD, FAAN

Dr. Peggy Compton received her PhD in nursing science at New York University and completed a postdoctoral fellowship in opioid addiction at the UCLA Drug Abuse Research Center. She is Professor and Associate Dean at the UCLA School of Nursing in the Acute Care Section. Dr. Compton's research program explores pain and opioid addiction from a clinical perspective,

with a specific interest in how the presence of one affects the expression of the other. She has been systematically studying the pain responses of opioid-addicted/dependent individuals, and is a clinical expert in detecting opiate abuse and addiction in chronic pain patients.

Dr. Compton is a member of numerous professional organizations, including the ASPMN®, American Pain Society, the International Association for the Study of Pain, and the International Association for Pain and Chemical Dependency (advisory board), among others. She is on the editorial board of the *Journal of Addictions Nursing*, *Advances in Pain Management*, and *Journal of Pain and Symptom Management*. In addition she consults, gives invited lectures, and has authored multiple publications on opioid-induced hyperalgesia, addiction in the chronic pain patient and pain management for the patient with addictive disease.

CLOSING KEYNOTE SPEAKER



Barbara J. St. Marie, PhD, MA, RN-BC, CS, ANP, GNP

Barbara St. Marie is a certified adult and gerontology nurse practitioner and certified in pain management nursing through the American Nurses Credentialing Center (ANCC). Barbara is also CENAPS-certified in addiction-free pain management. She is a graduate of Gustavus Adolphus College in St. Peter, Minnesota. Barbara has a Master's degree in education from the University

of St. Thomas in St. Paul, a Master's degree in nursing from the College of St. Catherine's in St. Paul and is a PhD candidate in nursing at the University of Wisconsin, Milwaukee. She has worked in pain management nursing for 31 years and has extensively published in the areas of coexisting chemical dependency and pain, pain assessment, pain management in the geriatric patient and epidural and intrathecal analgesia. She is the editor of the first and second editions of the *Core Curriculum for Pain Management Nursing*. She recently served as reviewer of a treatment improvement protocol entitled, "Managing Chronic Pain in People with or in Recovery from Substance Use Disorders" requested by the Federal Center for Substance Abuse Treatment, and produced by the Substance Abuse and Mental Health Services Administration (SAMHSA). She speaks throughout the world on issues of pain management nursing. Currently, Barbara's doctoral dissertation topic and area of research is the coexistence of addiction and pain. She currently is the supervisor of pain and palliative care at Fairview Ridges Hospital in Burnsville, Minnesota.



Registration Form

IntNSA Executive Office, P.O. Box 14846, Lenexa, KS 66285-4846 or Fax to (913) 895-4652

Register Online: www.IntNSA.org

Final registration deadline is August 18. If you are registering after August 18, please bring your completed paperwork and payment with you to the Annual Educational Conference.

STEP 1: NAME BADGE & ROSTER INFORMATION

*List information as you would like it to appear on your name badge.

*Full Name _____

*Institution _____

Mailing Address _____

*City, State/Province _____ Zip Code _____ Country _____

Phone _____ Fax _____

Email (required) _____

Are you a first-time attendee? Yes No

Do you need special assistance or have special dietary needs? Please explain: _____

In case of emergency: _____
 Name, Relationship _____ Phone _____

STEP 2: REGISTRATION & FEES

PRE-CONFERENCE WORKSHOPS

- Pre-Conference Workshop Breakfast \$29
- Pre-Conference Workshop Lunch \$35

IntNSA Pre-Conference Workshops

- | | Postmarked
or Faxed
by July 14 | Postmarked
or Faxed
by August 18 |
|--|--------------------------------------|--|
| Full-Day | | |
| <input type="checkbox"/> Workshop A: CARN & CARN-AP Review Course | | |
| Member | <input type="checkbox"/> \$149 | <input type="checkbox"/> \$199 |
| Non-Member | <input type="checkbox"/> \$169 | <input type="checkbox"/> \$219 |
| <input type="checkbox"/> Workshop B: Trimorbidity: Pain, Addiction & Psychiatric Illness Assessment & Treatment of Patients with Complex Care Issues | | |
| Member | <input type="checkbox"/> \$149 | <input type="checkbox"/> \$199 |
| Non-Member | <input type="checkbox"/> \$169 | <input type="checkbox"/> \$219 |
| Half-Day (not included in ASPMN® half-day workshop fee) | | |
| <input type="checkbox"/> Workshop C: Evidence-Based Practice: Learning the Basics | | |
| Member | <input type="checkbox"/> \$79 | <input type="checkbox"/> \$129 |
| Non-Member | <input type="checkbox"/> \$99 | <input type="checkbox"/> \$149 |
| <input type="checkbox"/> Workshop D: Alcoholics Anonymous: What All Nurses Need to Know about 12-Step Recovery | | |
| Member | <input type="checkbox"/> \$79 | <input type="checkbox"/> \$129 |
| Non-Member | <input type="checkbox"/> \$99 | <input type="checkbox"/> \$149 |
| <input type="checkbox"/> Workshop E: Chronic Versus Complicated Pain & Substance Use Disorder: Identifying & Unlocking the Perpetuating Factors & Treatment Strategies (off-site workshop) limit of 24 attendees | | |
| Member | <input type="checkbox"/> \$79 | <input type="checkbox"/> \$129 |
| Non-Member | <input type="checkbox"/> \$99 | <input type="checkbox"/> \$149 |
| <input type="checkbox"/> Workshop F: Genomics: The Science of Discovery & Competencies for Addictions Nursing Practice | | |
| Member | <input type="checkbox"/> \$79 | <input type="checkbox"/> \$129 |
| Non-Member | <input type="checkbox"/> \$99 | <input type="checkbox"/> \$149 |

ASPMN® PRE-CONFERENCE WORKSHOPS

	Member	Non-Member
ASPMN® Pre-conference Boxed Lunch	<input type="checkbox"/> \$35	<input type="checkbox"/> \$35
ASPMN® Pre-Conference Workshops Full-Day		
Workshop 1: ASPMN® Pain Management Certification Preparation Course™	<input type="checkbox"/> \$115	<input type="checkbox"/> \$160
Workshop 2: "Blocking" the Pain	<input type="checkbox"/> \$115	<input type="checkbox"/> \$160
Workshop 3: Advanced Pharmacology	<input type="checkbox"/> \$115	<input type="checkbox"/> \$160
Workshop 4: Geriatric Pain Management Course	<input type="checkbox"/> \$115	<input type="checkbox"/> \$160
Half-Day 8:00 a.m. - 12:00 p.m.		
Workshop 5: The Use of Medicinal Cannabis for Chronic Pain	<input type="checkbox"/> \$85	<input type="checkbox"/> \$125
Workshop 6: The Medicine Walk: Integrating Indigenous Wisdom into Pain Management Nursing	<input type="checkbox"/> \$85	<input type="checkbox"/> \$125
1:00 p.m. - 5:00 p.m.		
Workshop 7: Pediatric Pain Assessment	<input type="checkbox"/> \$85	<input type="checkbox"/> \$125
Workshop 8: Sickle Cell Disease: Why Is It So Hard to Manage?	<input type="checkbox"/> \$85	<input type="checkbox"/> \$125
Attend two half-day workshops (applies to Workshops 5-8); must select one morning and one afternoon session.	<input type="checkbox"/> \$100	<input type="checkbox"/> \$150

Subtotal A: _____

FULL CONFERENCE REGISTRATION

	On or Before July 14	After July 14
Member	<input type="checkbox"/> \$349	<input type="checkbox"/> \$399
New Member (includes membership dues)	<input type="checkbox"/> \$489	<input type="checkbox"/> \$539
Non-Member	<input type="checkbox"/> \$509	<input type="checkbox"/> \$559
Single-Day Registrations		
Member:	<input type="checkbox"/> \$150	<input type="checkbox"/> \$175
Non-Member:	<input type="checkbox"/> \$200	<input type="checkbox"/> \$250
Day attending: <input type="checkbox"/> Thursday <input type="checkbox"/> Friday <input type="checkbox"/> Saturday		

Subtotal B: _____

Registration forms with payment information must be postmarked or faxed on or before July 14 in order to receive the early discounted registration fee, and no later than August 18 to be processed prior to the conference. If you are registering after August 18, please bring your completed registration form and payment to the conference.

STEP 3: SESSION REGISTRATION

Session Registration:

CONCURRENT SESSIONS

Thursday, September 8 – 10:30 a.m. – 11:30 a.m.

- A1-B1 A2 A3 A4

Thursday, September 8 – 11:35 a.m. – 12:35 p.m.

- B2 B3 B4

Thursday, September 8 – 2:20 p.m. – 3:20 p.m.

- C1-D1 C2 C3 C4

Thursday, September 8 – 3:25 p.m. – 4:25 p.m.

- D2 D3 D4

Friday, September 9 – 8:45 a.m. – 9:45 a.m. (ASPMN® Concurrent Sessions)

- 1A 1B 1C 1D 1E 1F

Friday, September 9 – 10:45 a.m. – 11:45 a.m. (ASPMN® Concurrent Sessions)

- 2A 2B 2C 2D 2E 2F

Friday, September 9 – 1:40 p.m. – 2:40 p.m. (ASPMN® Concurrent Sessions)

- 3A 3B 3C 3D 3E 3F

Friday, September 9 – 3:30 p.m. – 4:30 p.m. (ASPMN® Concurrent Sessions)

- 4A 4B 4C 4D 4E 4F

Saturday, September 10 – 8:45 a.m. – 9:50 a.m.

- E1 E2 E3 E4

Saturday, September 10 – 10:15 a.m. – 11:15 a.m. (ASPMN® Concurrent Sessions)

- 5A 5B 5C 5D 5E 5F

Saturday, September 10 – 11:25 a.m. – 12:25 p.m. (ASPMN® Concurrent Sessions)

- 6A 6B 6C 6D 6E 6F

Cancellation Policy

Cancellations must be requested in writing and postmarked or faxed on or before August 18, 2011. Please send your requests to the IntNSA Executive Office at intnsa@intnsa.org. Refunds will be issued following the Annual Conference. Refunds will be issued in the same manner as the payment received, minus a \$50 processing fee if received before August 18, 2011. Requests for cancellations postmarked, emailed or faxed after August 18, 2011, are not refundable.

STEP 4: EVENT REGISTRATION

FIFTH ANNUAL IntNSA WALK – 6:00 a.m. – 7:00 a.m. each day

- Thursday, September 8
 Friday, September 9
 Saturday, September 10

IntNSA Walk T-Shirt – \$20 for S-XL, \$22.50 for XXL

Number of Shirts: _____ Indicate Size(s) (S-XXL) _____

SPECIAL EVENTS

Awards Banquet Spouse/Guest Ticket(s) – \$50

Guest Name: _____

MEAL FUNCTIONS

(All attendees are invited to attend, and the meal functions are included in your registration fee, but you must sign up ahead of time in order to participate.)

- Wednesday, September 7 – Welcome Reception
 Thursday, September 8 – Breakfast Symposium
 Thursday, September 8 – Lunch Symposium
 Thursday, September 8 – Awards Dinner
 Friday, September 9 – Annual Business Meeting Breakfast
 Friday, September 9 – Lunch Symposium
 Saturday, September 10 – Breakfast Symposium
 Saturday, September 10 – Lunch Symposium
 Saturday, September 10 – IntNSA/ASPMN® Party

Subtotal C: _____

STEP 5: TOTAL FEES ENCLOSED

- A. Pre-Conference Workshops \$ _____
 B. Conference Registration \$ _____
 C. Event Registration \$ _____

Total Enclosed \$ _____

- Check (IntNSA) Tax ID 36-3273621
 AMERICAN EXPRESS DISCOVER
 MASTERCARD VISA

Card Number _____

Expiration Date _____

Cardholder Name _____

Cardholder Signature _____

All fees must be paid in U.S. dollars, with checks drawn in U.S. funds on U.S. banks.

Please return this form and TOTAL AMOUNT DUE to:

Register Online at:
www.IntNSA.org

By Mail:
 IntNSA Executive Office
 P.O. Box 14846
 Lenexa, KS 66285-4846

By Overnight Courier ONLY:
 IntNSA Executive Office
 18000 W. 105th Street
 Olathe, KS 66061

By Fax (with credit card info):
 (913) 895-4652

Contact the IntNSA Executive Office for further information: (913) 895-4622

September 7-10, 2011 Tucson, AZ JW Marriott Starr Pass Resort & Spa

Registration Brochure

General Information

Contact Hours

IntNSA will apply for continuing nursing education through ASPMN®. ASPMN® is an approved provider of continuing nursing education by the New York State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

This program is pending approval by the American Academy of Nurse Practitioners.

An application for Recognized Clock Hour (RCH) Endorsement will be submitted to the Ohio Chemical Dependency Professionals Board.

Cancellation, Substitution & Refund Policy

Registration cancellations prior to August 18 are subject to a \$50 cancellation fee. Cancellation notices must be sent in writing to the IntNSA Executive Office. No refunds will be made on cancellations made after August 18 because committed funds and forfeited fees cannot be applied to future meetings due to IRS reporting requirements.

Going Green – Conference Handouts Are Online, More Extensive & Environmentally Friendly Than Ever!*

Conference attendees will be provided with online links enabling them to access a greatly increased wealth of session information, including materials they normally would not receive because it was not specific to their particular concurrent session choices. Plus, speakers can share additional resources (including post-

conference resources) because the printed handbook space restrictions no longer apply.

Handouts will be posted in advance of the conference, at which time you will be emailed a link enabling you to review educational session handouts prior to the conference (be sure we have your correct email address).

** Participants who wish to have paper handouts can print them out selectively on their own printers and bring them along (excluding any handouts received too late to be included online).*

Disclaimer

If IntNSA cannot hold the 35th Annual Educational Conference due to acts of God, war, government regulations, disaster, civil disorder or curtailment of transportation facilitating other emergencies making it inadvisable, illegal, or impossible to provide the facilities or to hold the meeting, each prepaid attendee will receive a copy of the conference handouts and any other materials that would have been distributed. Fixed conference expenses will be paid from the pre-registration funds. Remaining funds will be refunded to pre-registrants. IntNSA is not responsible for any other costs incurred by pre-registrants in connection with the Conference. The views and opinions expressed by presenters are their own and do not necessarily represent those of IntNSA. IntNSA disclaims any responsibility for the use and application of information presented at this conference.

Contact IntNSA at intnsa@intnsa.org or (877) 646-8672 with questions.



IntNSA and ASPMN® are partnering to provide donations to the Las Amigas Residential Treatment Facility at CODAC Behavioral Health Services, Inc. Las Amigas is a 21-bed residential treatment facility for pregnant and parenting women in recovery from drug and alcohol addiction. Some women also have co-occurring mental health concerns. Children up to the age of six are able to live with their mothers at Las Amigas, and older children can visit on weekends.

Services offered at Las Amigas include individual and group therapy, case management, education and referrals for medical services. The women also learn parenting and other life skills critical to living a sober and healthy life.

Donation of the following items is much-needed and so important to providing residents at Las Amigas with a healthy and comfortable environment.

Much Needed Items:

- Bath towels
- Hand towels
- Wash cloths/loofah sponges
- Sheets sets (fitted, straight and pillow case for twin size beds)
- Blankets
- Mattress pads

Crochet & Knit Items:

- Baby blankets
- Baby hats
- Adult blankets
- Adult hats

Other Helpful Items:

- Hygiene products/toiletries (including tampons and pads)
- Shower curtains
- Shower curtain liners
- Shower curtain rings

For more information on programs and services at CODAC, please visit www.CODAC.org.



P.O. Box 14846

Lenexa, KS 66285-4846

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