

## How did we get Started?

- Researched the old chapters
- Checked to status: active/inactive
- Sought assistance from IntNSA in sorting this out
- Found members of past chapters:
  - Carol Kowalski
  - Donna White
- Obtained list from IntNSA website of all MA members
  - Sent letters to all members of new chapter
- Word of mouth

## Next.....

- Secured meeting space
- Sent emails
- Spread the word
- Scheduled meetings 2<sup>nd</sup> Tuesday of every month, same time and location
- Brain stormed with the group
  - Recruitment
  - Mission
  - Goals of chapter
- Elected officers
  - Developed bylaws, mission
  - Submitted to IntNSA for approval

## Support

- Applied for an unrestricted grant to fund website development
  - Obtained \$5,000 grant
- Academic setting allowed us to meet monthly
- Provided light dinner/parking

## Maintain a List Server

- >200 people on email list: nurses, doctors, social workers, medical assistances, etc
- Information collected from: ASAM, CSAT, SAMHSA, IntNSA, alerts, State, colleagues, professional networks
  - Addiction news updates
  - Events
  - Conferences
  - State updates
  - Warnings, new trends
  - Job postings
  - Informational requests/supports

## Chapter meetings with Contact Hours

- Contact hours provided local colleague at Shattuck Hospital free of charge
- Local addictions experts volunteer/small honorarium
- 2 hour meeting w/1 hour educational

### Topics:

Pain  
Benzo's  
HCV  
Narcans  
Vivitrol  
Happiness Hypothesis (Recovery Month)

## Website

- Grant supported start-up
- Mission/goals: about us
- Link to IntNSA
- Resources
- Events
- Updates
- Job Postings

## About Us.....

Started 2010  
 57 Dues paying members  
 Dues are voluntary contribution of \$25  
 Website, Facebook  
 Flyers, business cards, banner  
[www.addictionnurses.org](http://www.addictionnurses.org)  
 Like us on Facebook!!!!

## What have we done...

- First Addiction Nurse Conference
  - >420 attended, full 2 weeks before
- Dinner meeting
  - 60 participants
- Scheduled 2<sup>nd</sup> Annual conference
  - Keynote addiction and pain (pain expert)
- Recovery Day Presence
- Setting up training with local facilities
  - As requested

## What have we done...

- Networked and supported each other
- Promoted CARN certification
- Holiday party with yankee swap
- Resource for others
- Resource for each other: connections, someone to call
- Gift bags for the homeless
- Engaging students..Donna White
- Inspired others.....

## What have we done...

Brought inpatient  
 outpatient  
 abstinence  
 methadone  
 buprenorphine  
 harm reduction  
 primary care  
 psych  
 management  
 direct care  
 Together to Treat Addiction



- ❖ MA IntNSA is the Massachusetts chapter of the International Nurses Society on Addictions, an organization that was founded by and for nurses committed to the prevention, treatment and management of addictive disorders.
- ❖ MA IntNSA is a group that is open to all Massachusetts nurses who appreciate the great importance of treating addiction and desire the opportunity to work with other nurses to educate, advocate and lead the cause.
- ❖ We meet from 5-7pm on the second Tuesday of every month at 801 Mass Ave in Boston.
- ❖ Nurses interested in joining should feel free to stop by one of our monthly meetings

Massachusetts Chapter  
 International Nurses Society on Addictions Inc.  
 P.O. Box 191651 Boston, MA 02119  
 Phone Number: 1 (617) 644-7402  
 E-Mail: [info@addictionnurses.org](mailto:info@addictionnurses.org)

SAVE THE DATE  
**APRIL 3, 2014**  
 2<sup>ND</sup> ANNUAL ADDICTIONS NURSE CONFERENCE  
 Keynote: Dr. Daniel Alford  
 "Is It Pain or Addiction"  
 Location: Best Western Conference Center Marlborough MA

JOIN MA IntNSA TODAY!  
 Click Here To Join The Nurses on Addictions

**THE ANONYMOUS PEOPLE**  
 WATCH THE TRAILER

ANNOUNCEMENTS

- recovery day photos coming soon
- HEALTH ADVISORY - A HOPE click here for add!
- SAY THE DATE OCTOBER 8-12 2013 Annual Educational Conference IntNSA
- RECOVERY
- "On Pain" 99.8 what Heroin's New Reach
- NEW JOB OPPORTUNITIES! CLICK HERE
- Massachusetts Legislative Update
- QUALITY APPALACHIAN CONFERENCE
- New Legislation: Social Stigma, Prerequisite Monitoring Program
- Massachusetts Department of Public Health Opoid Prescription Medication

facebook join the group